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ROGERIO CUSTELA ASSESSORIA ESPORTIVA

Relatório Geral - 5KM - Feminino

Colocação Geral	Número	Nome	Codigo Faixa Etária	Colocação Faixa Etária	Equipe	Ritmo Tempo Liquido	Velocidade Tempo Liquido	Tempo Bruto	Tempo Liquido
1	304	TALIANE SANTOS	F2535	-	ANJOS COLCHÕES	00:03:44	16,04	00:18:42.99	00:18:42.99
2	80	ELAINE NASCIMENTO GAMA	F2535	-	BARRA DO GARÇAS ASSO	00:03:56	15,25	00:19:40.99	00:19:40.99
3	27	ANDREINA MAGNANI DE ALMEIDA	F1424	-	MM / CPH	00:04:02	14,88	00:20:10.74	00:20:10.74
4	93	EULIANY DOS SANTOS	F3646	1	ATP ACESSORIA	00:04:08	14,54	00:20:38.61	00:20:38.61
5	12	AMANDA SILVA	F3646	2	MISAEL TRINDADE	00:04:09	14,45	00:20:46.51	00:20:46.51
6	165	KÁLITA DINÁ	F2535	1	RW ASSESSORIA ESPORT	00:04:20	13,87	00:21:38.06	00:21:38.06
7	104	GABRIELA LOPES	F2535	2		00:04:32	13,22	00:22:49.86	00:22:42.48
8	232	MARINES DA ROSA	F3646	3	MM	00:04:39	12,89	00:23:16.16	00:23:16.16
9	25	ANDRÉIA ALVES DOURADO	F2535	3	ALLENDER DOS ANJOS	00:04:41	12,82	00:24:01.64	00:23:24.46
10	233	MARJEANE COELHO DA SILVA COELHO	F4757	1	105,7FM	00:04:42	12,78	00:23:28.26	00:23:28.26
11	228	MARIANA TORRES	F1424	1		00:04:43	12,72	00:23:55.32	00:23:35.52
12	319	VANESSA ROCHA	F1424	2	RW ASSESSORIA	00:04:46	12,58	00:23:51.57	00:23:51.57
13	126	INGRID AY MORÉ	F2535	4	RW ASSESSORIA	00:04:46	12,57	00:23:59.91	00:23:52.74
14	58	DANIELLY MIRANDA DOURADO	F2535	5		00:04:47	12,54	00:24:28.03	00:23:55.44
15	155	JOSELEI FALCONELI	F3646	4	NOLIMITE-ASSESSORIA-	00:04:50	12,42	00:24:09.71	00:24:09.71
16	10	ALICE MOTA	F2535	6	HIIT HYROX	00:04:51	12,38	00:24:30.86	00:24:14.31

17	43	CAROL SAILE	F2535	7	SILAS ABRÃO ASSESSOR	00:04:52	12,31	00:25:18.08	00:24:22.08
18	38	BRUNA LETICIA PEREIRA MOURA SANTOS	F2535	8	RW ASSESSORIA	00:04:58	12,10	00:25:10.77	00:24:48.80
19	171	KETELLEN MAYARA SANTOS	F3646	5		00:05:00	11,98	00:25:24.69	00:25:02.97
20	160	JULIANA REIS	F3646	6	MISAEL TRINDADE	00:05:02	11,92	00:25:17.28	00:25:10.14
21	108	GEOVANA LOPES DE SOUZA	F1424	3	MISAEL TRINDADE	00:05:04	11,84	00:25:41.16	00:25:20.96
22	87	ÉRICA FRANÇA	F2535	9	MM NO LIMITE RUNN	00:05:08	11,70	00:26:22.74	00:25:39.66
23	100	FLAVIA FIGUEIRA AVENA	F3646	7	ASSESORIA MISAEL	00:05:08	11,69	00:26:20.80	00:25:40.90
24	157	JOSIVANIA SOUSA DA SILVA	F2535	10	MM NO LIMITE	00:05:12	11,54	00:26:11.12	00:26:00.58
25	95	FABRICIA DE SOUZA MOREIRA SILVA	F3646	8		00:05:13	11,51	00:26:04.88	00:26:04.88
26	114	GISELE DA SILVA DIAS	F3646	9	CUIDE SE BEM	00:05:13	11,50	00:26:29.58	00:26:05.25
27	215	MARIA FERNANDA DE LIMA SILVA	F2535	11		00:05:14	11,48	00:26:47.11	00:26:08.42
28	301	SUELI DE SOUZA CRUZ	F3646	10		00:05:14	11,46	00:26:18.75	00:26:11.36
29	197	LUCIMAR SANTOS PEREIRA SANTOS	F3646	11		00:05:15	11,44	00:26:25.94	00:26:13.51
30	220	MARIA DE NAZARE DE SOUSA	F5868	1	MISAEL TRINDADE	00:05:18	11,34	00:26:28.52	00:26:28.52
31	187	LUANA DE LIMA SILVA	F2535	12	MM NO LIMITE	00:05:19	11,30	00:26:43.13	00:26:33.95
32	337	ANA MARIA CASTRO PAIVA	F4757	2	MISAEL TRINDADE	00:05:19	11,29	00:26:51.22	00:26:35.97
33	24	ANDRÉIA SANTOS ARAUJO COSTA	F3646	12		00:05:20	11,24	00:27:14.12	00:26:41.43
34	156	JOSIELI MICHELI BERGMANN	F2535	13		00:05:20	11,24	00:27:33.63	00:26:41.63
35	162	JUSERLY ALVES INÁCIO	F3646	13	UNIDAS POR KMS	00:05:23	11,16	00:27:06.87	00:26:53.14
36	182	LETÍCIA SOUZA MOREIRA	F2535	14		00:05:23	11,15	00:27:34.03	00:26:55.41
37	127	ISADORA BEATRICE MANGIALARDO	F2535	15		00:05:24	11,11	00:27:26.80	00:27:00.62
38	311	THAIS BRITO	F2535	16		00:05:25	11,09	00:27:39.47	00:27:03.03
39	252	NATHALIA SOUZA SANTANA DE OLIVEIRA	F1424	4		00:05:26	11,04	00:27:38.78	00:27:10.12
40	14	ANA TRAVENSOLI	F1424	5		00:05:30	10,90	00:27:46.12	00:27:31.16

41	132	JEANE SILVA DOS SANTOS SANTOS	F3646	14	MM NO LIMITE	00:05:33	10,80	00:28:25.49	00:27:47.25
42	181	LEONILA GENTILINI GIRON	F5868	2	SEM EQUIPE	00:05:36	10,72	00:27:59.98	00:27:59.98
43	16	ANA JULIA BARKOSKI	F2535	17		00:05:37	10,68	00:28:21.90	00:28:06.64
44	159	JULIANA SOUZA ROCHA	F2535	18		00:05:38	10,66	00:28:48.69	00:28:09.08
45	28	ANDRESSA FERREIRA DE SOUZA	F2535	19		00:05:42	10,54	00:28:41.08	00:28:28.92
46	183	LORENA MARTINS DE LIMA SILVA	F2535	20	NEXCON CONCRETO	00:05:44	10,47	00:28:48.29	00:28:40.52
47	302	SYLVIA ALESSANDRA FRAGOSO SOUSA SILVA	F3646	15	LC ASSESSORIA	00:05:45	10,45	00:29:08.54	00:28:43.37
48	221	MARIA EDUARDA GONÇALVES MORENO	F2535	21		00:05:45	10,42	00:29:02.53	00:28:47.89
49	66	DIRCE MEGGIATO DE SOUZA LOPES	F4757	3	SEM EQUIPE	00:05:45	10,42	00:29:04.56	00:28:47.91
50	172	KIARA BARKOSKI SAMPAIO	F1424	6		00:05:46	10,41	00:29:04.34	00:28:49.47
51	112	GIOVANNA BRUM	F4757	4	SILAS ABRAO	00:05:47	10,37	00:29:05.78	00:28:56.27
52	347	MARCELLY COELHO MACHADO	F1424	7	BRAVA ETERNET	00:05:48	10,36	00:29:20.91	00:28:58.17
53	205	MAIRA CRISTINA MARTINS DE LIMA	F2535	22		00:05:48	10,34	00:29:31.58	00:29:00.65
54	241	MICHELLE POSTIL	F2535	23	HIIT HYROX	00:05:49	10,30	00:29:44.57	00:29:07.51
55	73	EDINEIA ADRIANA RESMINI	F4757	5	RRASSESSORIA	00:05:51	10,24	00:29:27.73	00:29:17.53
56	11	ALICE AMARAL	F2535	24		00:05:52	10,22	00:30:05.07	00:29:22.84
57	227	MARIA MAZARELO FIGUEIREDO	F4757	6	CROSS FUNCIONAL	00:05:53	10,21	00:29:36.17	00:29:23.23
58	106	GEOVANA LIMA	F2535	25		00:05:56	10,12	00:30:06.02	00:29:38.35
59	346	YAQUELINE LOPES NASCIMENTO	F2535	26		00:05:56	10,11	00:30:04.19	00:29:41.55
60	191	LUCIA MELANIA SALOMÃO DO AMARAL	F4757	7	OPEN	00:06:00	10,00	00:30:43.04	00:30:00.68
61	231	MARILENA DOS REIS SARTORI	F5868	3	MM	00:06:01	9,98	00:30:09.78	00:30:04.18
62	32	ARACELI VOLTOLINI	F2535	27	GRUPO FERTIMIG	00:06:01	9,97	00:30:37.15	00:30:05.94
63	343	JANAINA PINHEIRO SILVA	F2535	28		00:06:02	9,94	00:30:29.92	00:30:10.18

64	271	POLIANA LOPES DE ARAÚJO RODRIGUES	F3646	16	OBS RUNNER	00:06:02	9,93	00:30:47.68	00:30:12.55
65	298	SIRLEI CARDOSO DA SILVA	F4757	8	SESI	00:06:03	9,92	00:30:45.13	00:30:14.61
66	116	GIZANE PAULA	F4757	9	DIVAS	00:06:03	9,91	00:30:50.10	00:30:17.82
67	341	ANA CLARA NASCIMENTO CARVALHO	F2535	29		00:06:05	9,86	00:30:50.15	00:30:25.41
68	272	POLYANA CAROLINE SEVERO DOS SANTOS	F2535	30	POLYANA CAROLINE SEV	00:06:07	9,80	00:30:50.57	00:30:37.96
69	218	MARIA CLARA SANTANA ABDO	F2535	31		00:06:08	9,79	00:30:50.71	00:30:38.19
70	64	DÉBORA LARISSA DIAS DE SOUZA	F3646	17		00:06:08	9,78	00:31:27.28	00:30:40.89
71	234	MARLENE ALVES SIRQUEIRA BRANCO	F4757	10		00:06:09	9,77	00:30:55.85	00:30:43.77
72	299	SONIA APARECIDA AMARAL FREITAS DE ARAUJO	F4757	11	MISAEL TRINDADE	00:06:09	9,76	00:30:44.75	00:30:44.75
73	30	ANTONIA AMANDA SILVA OLIVEIRA	F2535	32		00:06:12	9,68	00:31:11.73	00:31:00.29
74	59	DANIELY MIRANDA DE CARVALHO	F2535	33		00:06:12	9,67	00:31:47.03	00:31:01.14
75	18	ANA SAMPAIO SAMPAIO	F3646	18	ANA SAMPAIO	00:06:12	9,67	00:31:22.18	00:31:02.50
76	246	MILENA KAORI AVENA HORI	F2535	34		00:06:14	9,62	00:31:49.90	00:31:11.73
77	135	JHOANE MARRARA	F3646	19		00:06:15	9,59	00:31:30.26	00:31:17.11
78	291	ROSANGELA CANDIDA DE ARAUJO	F4757	12	FUNCIONAL MM	00:06:16	9,57	00:31:59.16	00:31:21.58
79	280	REGIANE DE FREITAS GOMES	F4757	13	RONDON STREET RUN	00:06:17	9,56	00:31:54.24	00:31:23.74
80	353	POLYANA SENA NECKEL	F2535	35	LC ASSESSORIA	00:06:17	9,54	00:31:49.11	00:31:26.18
81	305	TANIA LUZIA	F4757	14	VÔ PEDRO SANTOS	00:06:18	9,53	00:31:49.03	00:31:28.50
82	292	SAMARA MAGALHAES	F2535	36		00:06:19	9,51	00:31:33.85	00:31:33.85
83	297	SIMONE SANTOS	F4757	15	SIMONE SANTOS	00:06:20	9,46	00:32:13.77	00:31:42.75
84	91	ETIENE ROCHA	F3646	20	ETIENE FRANCISCA ROC	00:06:22	9,43	00:32:24.57	00:31:48.59
85	190	LUCIA DE JESUS GALVÃO	F3646	21		00:06:23	9,40	00:32:44.47	00:31:55.87
86	313	THAYLINE OLIVEIRA FRANCO SOUZA	F2535	37		00:06:23	9,39	00:32:44.14	00:31:56.29
87	329	WELLEN BORGES	F2535	38		00:06:23	9,39	00:32:37.99	00:31:56.99

88	308	TATIELY NOGUEIRA	F2535	39	HIIT HYROX	00:06:24	9,38	00:32:37.85	00:31:58.24
89	85	EMANUELLE RAMOS CAMELO LIMA	F3646	22		00:06:25	9,36	00:32:49.91	00:32:03.75
90	196	LUCIMAR MAYER	F4757	16	OBS RUNNERS	00:06:28	9,29	00:32:28.47	00:32:18.25
91	251	NATÁLIA GABRIELI RODRIGUES NASCIMENTO	F1424	8		00:06:28	9,27	00:32:30.16	00:32:21.75
92	170	KELLY MENEZES	F1424	9		00:06:29	9,26	00:32:41.39	00:32:23.14
93	230	MARIENE DE FÁTIMA OLIVEIRA	F4757	17	MM ASSESSORIA ESPORT	00:06:31	9,21	00:33:14.62	00:32:35.35
94	71	EDENISIA FERREIRA HARADA	F4757	18		00:06:32	9,18	00:33:08.45	00:32:41.69
95	275	RAFAEL PINHEIRO FERREIRA	F2535	40		00:06:36	9,09	00:33:34.45	00:33:01.32
96	283	DANIELLY FERNANDA	F2535	41	MISAEL TRINDADE	00:06:37	9,08	00:33:12.20	00:33:03.51
97	339	ALCILENE DOS SANTOS BARRETO	F4757	19		00:06:37	9,06	00:33:41.59	00:33:06.12
98	128	ISIS PRISCILLA SILVA ARCANJO	F2535	42		00:06:40	9,00	00:33:35.55	00:33:19.55
99	222	MARIA FERNANDA CAMBRAIA	F2535	43		00:06:43	8,92	00:33:56.42	00:33:37.64
100	81	ELIANE SOUZA DA SILVEIRA LIMA	F4757	20		00:06:44	8,90	00:34:17.58	00:33:42.14
101	168	KAMYLLA GOMES	F1424	10		00:06:49	8,80	00:34:30.34	00:34:05.08
102	15	ANA CARLA FREITAS DE ARAUJO	F2535	44	MISAEL TRINDADE	00:06:49	8,79	00:34:17.42	00:34:07.23
103	262	PAULA FERNANDA DE OLIVEIRA	F2535	45	PAULA FERNANDA BATIS	00:06:51	8,76	00:34:30.98	00:34:15.75
104	276	RAFAELLY PIVA	F4757	21	ATHLOS	00:06:52	8,74	00:34:46.80	00:34:20.34
105	26	ANDREIA SILVERIO	F3646	23	RMA	00:06:55	8,67	00:34:54.46	00:34:36.93
106	303	TAINARA FRANCISCA DE SOUZA	F2535	46	RW ASSESSORIA	00:06:58	8,61	00:35:08.77	00:34:50.90
107	56	DANIELA FEITOSA ALMEIDA	F3646	24		00:06:59	8,58	00:35:34.33	00:34:57.47
108	186	LUANA MORAES LIMA	F1424	11		00:07:00	8,56	00:35:32.65	00:35:02.83
109	166	KAMILA DOS REIS SANTOS	F2535	47		00:07:01	8,54	00:35:23.97	00:35:07.56
110	226	MARIA MARANHAO MARANHAO COSTA BRITO	F4757	22		00:07:04	8,49	00:35:33.27	00:35:19.29
111	195	LUCIENE SILVA	F4757	23	SESI NA PISTA	00:07:06	8,44	00:36:13.36	00:35:32.45

112	17	ANA PAULA EVANGELISTA SANTANA KAMINSKI	F1424	12		00:07:06	8,44	00:35:55.45	00:35:32.49
113	101	FRANCIELE SATELES	F3646	25		00:07:08	8,40	00:36:13.61	00:35:42.02
114	309	THAIS CRISTIANE	F2535	48		00:07:09	8,40	00:36:09.28	00:35:43.50
115	244	MIKAELLE CÉZAR	F2535	49		00:07:10	8,37	00:36:31.39	00:35:51.41
116	110	GILCIRLENE DE MORAES DA SILVA	F3646	26	MM	00:07:11	8,36	00:36:05.79	00:35:54.27
117	79	ELAINE DE MORAES FERREIRA	F3646	27	ELAINE MORAES FERREI	00:07:11	8,35	00:36:11.59	00:35:56.99
118	53	CRISTIANE MORAES FERREIRA OLIVEIRA	F3646	28		00:07:11	8,34	00:36:11.90	00:35:57.01
119	338	ROMINA SOUZA DOS SANTOS	F3646	29	MISAEL TRINDADE	00:07:16	8,26	00:36:49.57	00:36:20.73
120	23	ANDREIA PEREIRA DE OLIVEIRA MELLO	F3646	30	CLINICA SIRIUS	00:07:16	8,25	00:36:50.19	00:36:21.90
121	357	JACKELINE RODRIGUES DE OLIVEIRA	F3646	31		00:07:16	8,25	00:37:05.88	00:36:21.94
122	57	DANIELLE JARDIM MARINHO	F3646	32	MM	00:07:16	8,25	00:37:07.56	00:36:22.54
123	281	REGINA SOUSA DOS SANTOS	F3646	33		00:07:16	8,25	00:36:51.18	00:36:22.60
124	273	PRISCILA MACEDO	F3646	34		00:07:20	8,18	00:37:10.48	00:36:40.94
125	300	SORAIA DE ALENCAR RODRIGUES	F3646	35		00:07:22	8,15	00:37:18.33	00:36:48.53
126	134	JESSICA CRESTANI	F2535	50		00:07:25	8,10	00:37:27.74	00:37:03.41
127	259	PÂMELA SILVA FERREIRA	F2535	51		00:07:29	8,02	00:37:50.02	00:37:24.39
128	177	LEDIANE RODRIGUES	F2535	52	VANDERLÉIA MAGALHÃES	00:07:30	8,00	00:38:04.96	00:37:30.25
129	113	GISELE XAVIER LOPES	F2535	53	CLINICA SIRIUS	00:07:33	7,95	00:38:12.33	00:37:44.33
130	310	THAIS XAVIER LOPES	F3646	36		00:07:33	7,94	00:38:14.43	00:37:47.06
131	219	MARIA CLAUDENIR LIMA PAVAN	F4757	24	MM NO LIMITE RUN	00:07:34	7,93	00:38:09.39	00:37:51.85
132	185	LUANA GABRIELE	F1424	13		00:07:38	7,86	00:38:19.82	00:38:11.53
133	169	KÁTIA VERONICA TENORIO	F2535	54		00:07:40	7,83	00:39:04.17	00:38:20.48
134	320	VANIA SILVA	F4757	25	#QUERIDINHOSDESANTOS	00:07:40	7,82	00:38:58.22	00:38:22.85
135	245	MILENA ROOS	F2535	55		00:07:50	7,66	00:39:45.88	00:39:11.30

136	124	IEDA DE SOUZA MEDEIROS	F4757	26	MM	00:07:54	7,60	00:39:47.05	00:39:28.21
137	216	MARIA APARECIDA DE QUEIROZ	F5868	4		00:07:54	7,60	00:39:38.92	00:39:29.15
138	249	NADIR ANGELICA FERREIRA	F5868	5		00:07:54	7,59	00:39:42.96	00:39:31.28
139	107	GEOVANA SOARES COIMBRA	F2535	56	MM	00:07:54	7,59	00:39:45.93	00:39:32.73
140	8	ALDAIRIS RIBEIRO	F2535	57	ATLHOS ASSESSORIA	00:07:56	7,56	00:40:01.01	00:39:41.67
141	293	SANDRA CAMILO PRADO	F5868	6	NO LIMITE RUNN	00:07:57	7,55	00:40:23.26	00:39:44.48
142	229	MARIANE QUEIROZ	F1424	14		00:08:00	7,50	00:40:36.11	00:40:01.37
143	54	CRISTIANE OLIVEIRA PORTELA	F4757	27	MM NO LIMITE	00:08:00	7,49	00:40:35.66	00:40:02.31
144	203	LURDES DA SILVA PARÁ	F2535	58		00:08:08	7,38	00:40:38.54	00:40:38.54
145	359	SHEILA VIEIRA DE OLIVEIRA GUDES	F4757	28		00:08:10	7,35	00:41:00.29	00:40:49.47
146	261	PATRICIA BARBOSA	F2535	59		00:08:10	7,35	00:41:26.04	00:40:50.68
147	295	SILVANA DA CRUZ QUINTINO DE SOUZA	F3646	37	ATHLOS ACESSÓRIA	00:08:18	7,23	00:41:58.18	00:41:30.67
148	192	LUCIANA TEBURCIO	F2535	60		00:08:22	7,17	00:42:08.20	00:41:50.02
149	45	CELÉILA DE PAULA SOUZA	F4757	29		00:08:22	7,17	00:42:08.50	00:41:51.55
150	179	LENI RODRIGUES LIMA	F3646	38	RW ASSESSORIA	00:08:23	7,15	00:44:34.90	00:41:57.69
151	167	KAMILLY ROOS	F1424	15		00:08:36	6,97	00:43:37.18	00:43:01.75
152	37	BRUNA LOCATELLI	F3646	39		00:08:38	6,94	00:43:37.02	00:43:12.05
153	202	LUIZA GARSKE MANTOVANI	F1424	16		00:08:43	6,89	00:44:06.58	00:43:33.47
154	345	CLAUDIA SOAKATTU DAS NEVES	F3646	40		00:08:44	6,87	00:43:53.51	00:43:40.32
155	217	MARIA CLARA RODRIGUES	F1424	17		00:08:52	6,77	00:44:54.66	00:44:18.30
156	223	MARIA INÊS ADAMI NUNES	F3646	41	MARIA INÊS ADAMI NUN	00:09:07	6,59	00:46:17.92	00:45:33.49
157	129	JAMILLE LOPES	F3646	42		00:09:07	6,58	00:46:19.64	00:45:35.85
158	120	HANDERSON MIRANDA	F2535	61		00:09:07	6,58	00:46:01.67	00:45:36.65
159	178	LEILA MELO	F4757	30	SESI NA PISTA	00:09:09	6,55	00:46:22.37	00:45:46.84
160	260	PÂMELA DA PAZ FERREIRA	F2535	62		00:09:11	6,53	00:46:39.44	00:45:55.49

161	115	GIULIA PAIVA	F1424	18		00:09:13	6,51	00:46:03.28	00:46:03.28
162	109	GEOVANNA SANTOS	F2535	63	LC - ASSESSORIA	00:09:15	6,48	00:46:34.96	00:46:17.59
163	322	VILMA LI KLIMACHESKKI	F2535	64		00:09:57	6,03	00:50:18.27	00:49:44.98