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ROGERIO CUSTELA ASSESSORIA ESPORTIVA

Relatório Geral - 5KM - Feminino

Colocação Geral	Número	Nome	Codigo Faixa Etária	Colocação Faixa Etária	Equipe	Ritmo Tempo Liquido	Velocidade Tempo Liquido	Tempo Bruto	Tempo Liquido
1	23	AMANDA SILVA	F3539	-	SESI NA PISTA	00:04:15	14,11	00:21:16.91	00:21:16.85
2	516	RAUANA GRECCO	F3034	-	RW ASSESSORIA	00:04:20	13,85	00:21:44.20	00:21:40.28
3	442	MARINES DA ROSA	F3539	-	SESI NA PISTA	00:04:30	13,33	00:22:31.60	00:22:30.81
4	573	SONIA BEATRIZ RAMOS	F5559	-	MM ASSESSORIA ESPORT	00:04:34	13,15	00:22:49.36	00:22:49.30
5	571	SIMONNY DELGUINGARO	F3539	-	LC ASSESSORIA	00:04:41	12,82	00:23:31.16	00:23:24.36
6	376	LUANA NEDEL	F3034	1		00:04:43	12,72	00:23:47.89	00:23:35.30
7	262	ILIDIA SALOME SANTOS	F4549	1	MM ASSESSORIA ESPORT	00:04:43	12,71	00:23:45.34	00:23:36.39
8	357	LEIDIANE GONÇALVES DA SILVA	F3539	1	CPH	00:04:44	12,68	00:23:55.83	00:23:40.47
9	9	ADRIELY SILVA COSTA	F2529	1	TEAM WP	00:04:47	12,56	00:23:54.70	00:23:53.28
10	738	Joselei Aparecida falconeli dos Santos Alves	F4044	1	MM - MOTOART	00:04:48	12,52	00:23:58.27	00:23:58.26
11	549	ROSELY SANTOS MAIA	F4549	2	MM ASSESSORIA ESPORT	00:04:50	12,41	00:24:13.98	00:24:11.14
12	443	MARJEANE COELHO DA SILVA	F5054	1	SESI NA PISTA	00:04:50	12,41	00:24:11.38	00:24:11.38
13	696	THALIA CARVALHO DE SILVA	F2529	2	MM	00:04:54	12,24	00:24:44.30	00:24:31.92
14	133	DEBORAH NASCIMENTO BEZERRA	F3034	2	FUNCIONAL NO LIMITE	00:04:57	12,13	00:24:47.49	00:24:44.64
15	121	DANIELLE RÉA DE SOUZA	F3539	2		00:04:58	12,07	00:25:56.89	00:24:51.95
16	338	KATIA LARANJEIRA	F4044	2	OBS RUNNERS	00:04:59	12,06	00:25:52.31	00:24:53.67

17	591	THAÍS RIBEIRO	F4044	3	RW	00:04:59	12,01	00:25:11.69	00:24:59.92
18	653	ZENILDA RODRIGUES NUNES	F3539	3	CPH ASSESSORIA	00:05:01	11,96	00:26:50.92	00:25:05.00
19	631	VIVIANE SANTANA ORLATO	F4044	4	VIVI ORLATO	00:05:03	11,89	00:25:27.41	00:25:14.83
20	83	CAROL SAILE	F3034	3	CORRE	00:05:05	11,82	00:27:10.86	00:25:23.31
21	200	FABRICIA DE SOUZA MOREIRA SILVA	F4044	5		00:05:05	11,80	00:25:27.97	00:25:26.54
22	599	THEREZA CRISTINA SAMPAIO GAINO	F3034	4	WP	00:05:06	11,77	00:25:31.46	00:25:29.13
23	384	KAMILLA BEATRIZ CAVALCANTE SANTORO	F1624	1	RW ASSESORIA	00:05:06	11,77	00:25:39.17	00:25:29.88
24	33	ANA PAULA GRAPIGLIA	F3539	4		00:05:07	11,73	00:26:59.59	00:25:35.22
25	129	DAYNE CRISTINE ALVES	F3539	5	UNIDAS POR KMS	00:05:09	11,67	00:25:47.34	00:25:43.95
26	240	GRACIELE TOLFO	F4044	6	MM ASSESSORIA ESPORT	00:05:10	11,63	00:27:05.73	00:25:48.13
27	464	MILENE REIS MAIA	F4044	7	TEAM BENITES	00:05:13	11,51	00:26:58.30	00:26:04.39
28	670	THAIANY KARLA ROCHA SOUZA ARANTES	F3539	6	HITT	00:05:15	11,43	00:26:32.49	00:26:15.42
29	320	JOSIVANIA SOUSA DA SILVA	F3034	5	MM NO LIMITE	00:05:15	11,41	00:26:23.29	00:26:17.48
30	287	JEANE SILVA DOS SANTOS	F3539	7	MM NO LIMITE	00:05:16	11,41	00:27:04.30	00:26:18.00
31	109	CRISTIANNY SOARES	F4044	8		00:05:16	11,38	00:26:57.50	00:26:22.63
32	210	SYMARA ALYNE	F3034	6		00:05:17	11,34	00:26:32.79	00:26:27.92
33	122	DANIELLE DIAS CUNHA	F5054	2	MISAEAL TRINDADE	00:05:17	11,34	00:26:28.85	00:26:27.97
34	322	JULIANA REIS	F3539	8	MISAEAL TRINDADE	00:05:18	11,31	00:26:45.82	00:26:32.06
35	178	EMELIN MIRELA RODRIGUES DE OLIVEIRA	F4044	9		00:05:19	11,29	00:26:54.29	00:26:35.11
36	745	Adaías Ferreira matos de Assunção	F3034	7		00:05:21	11,21	00:27:09.47	00:26:45.73
37	278	JAKSOLENE DA SILVA SOUZA	F5054	3	JAKCORPO&MOVIMENTO	00:05:25	11,08	00:27:07.59	00:27:05.55
38	674	BRUNNA SAMPAIO	F2529	3	PANIFICADORA BURITI	00:05:27	11,02	00:27:52.59	00:27:13.72
39	550	ROSIANE FERREIRA	F4549	3		00:05:27	11,00	00:27:27.70	00:27:16.45
40	70	BRUNA LETICIA PEREIRA MOURA SANTOS	F3539	9		00:05:27	11,00	00:27:25.19	00:27:17.10
41	276	JACKELINE OLIVEIRA	F3034	8		00:05:27	11,00	00:28:47.47	00:27:17.11
42	193	EVANILZA AGUILAR	F4549	4	CROSSFUNCIONAL	00:05:28	10,98	00:27:25.43	00:27:20.95
43	227	GABRIELA LOPES	F2529	4		00:05:29	10,94	00:28:18.53	00:27:26.07
44	328	JUSERLY ALVES INÁCIO	F4044	10	UNIDAS POR KMS	00:05:31	10,88	00:27:37.77	00:27:34.66
45	317	JOSIANE ARAÚJO FRANCO BORGEO	F3539	10		00:05:32	10,84	00:28:00.57	00:27:41.94

46	753	Eduarda Almeida Ferreira	F2529	5	Panificadora Buriti	00:05:35	10,76	00:27:53.76	00:27:53.76
47	436	MARIA NAZARE SOUSA	F6099	1	MISAEEL TR/EXPRESSO 6	00:05:35	10,75	00:27:54.68	00:27:54.58
48	593	THAIS BRITO	F3539	11		00:05:36	10,73	00:29:33.28	00:27:58.06
49	616	VANNY PEREIRA	F4549	5	CORRE	00:05:36	10,71	00:28:27.74	00:28:00.35
50	209	FERNANDA TONON MARTINS	F4549	6	OPEN RUN	00:05:37	10,70	00:28:21.11	00:28:03.04
51	39	ANDREIA SANTOS ARAÚJO COSTA	F4044	11		00:05:37	10,70	00:28:34.17	00:28:03.72
52	419	MARIA APARECIDA DA SILVA	F4549	7	WP	00:05:37	10,69	00:28:44.67	00:28:04.48
53	544	ROSA MARGARETE ESPÍRITO SANTO	F5054	4	MM NO LIMITE	00:05:37	10,68	00:28:22.48	00:28:05.36
54	24	AMANDA PORTELA RODRIGUES	F1624	2	OPEN SPORT CENTER	00:05:38	10,65	00:28:43.74	00:28:10.13
55	189	EULALIA MIKAELLY REZENDE CARVALHO	F1624	3	REZENDE CONTABILIDAD	00:05:38	10,64	00:29:52.67	00:28:11.75
56	156	EDINEVA MONTEIRO CHIAPINO	F5054	5	FALCÃO FIT	00:05:39	10,62	00:28:18.67	00:28:15.90
57	77	CARLA ROMA	F5054	6	HIT HIROX	00:05:39	10,61	00:28:19.09	00:28:17.03
58	214	FLAVIA DA SILVA OLIVEIRA GONÇALVES	F4044	12	ATHLOS ASSESSORIA	00:05:40	10,59	00:28:26.32	00:28:20.15
59	85	CECILIA RODRIGUES PEREIRA	F3034	9		00:05:40	10,59	00:29:23.70	00:28:20.34
60	734	Maria Pina de Souza Santana	F4549	8	MM	00:05:41	10,56	00:28:56.60	00:28:25.89
61	143	DIRCE MEGGIATO DE SOUZA LOPES	F5559	1	SEM EQUIPE	00:05:41	10,54	00:28:42.96	00:28:27.59
62	699	Rafaela Silveira da Costa Vessani	F4549	9		00:05:42	10,52	00:29:17.86	00:28:31.00
63	63	AURILENE LOPES SOARES	F4044	13		00:05:43	10,50	00:29:53.27	00:28:35.29
64	717	FRANCISCA NADIA GONÇALVES PEREIRA	F2529	6		00:05:44	10,46	00:28:56.68	00:28:41.07
65	131	DÉBORA GOMES COELHO	F3539	12	LC ESPORTIVA	00:05:44	10,45	00:28:52.22	00:28:42.51
66	30	ANA MARIA CASTRO PAIVA	F5559	2	SESI NA PISTA	00:05:45	10,42	00:28:52.01	00:28:47.29
67	223	FRANCIELLY CARVALHO SANTOS	F4044	14	LC ASSESSORIA	00:05:45	10,42	00:29:51.80	00:28:47.42
68	574	SORAYA ZAHER	F4549	10		00:05:46	10,40	00:30:00.89	00:28:51.83
69	578	SUELI DE SOUZA CRUZ	F4044	15		00:05:47	10,39	00:28:59.44	00:28:53.90
70	53	ARIANE RIOS	F3539	13	LUCAS SILVA	00:05:47	10,37	00:30:15.02	00:28:55.71
71	372	LORENA MARTINS	F3539	14		00:05:47	10,37	00:29:13.55	00:28:55.91
72	51	AQUILLA MARIA ALMEIDA	F2529	7	SESI	00:05:48	10,35	00:29:19.54	00:28:59.20

73	527	RENATA APARECIDA SANTANA	F5054	7	MM ASSESSORIA ESPORT	00:05:49	10,33	00:29:11.65	00:29:03.56
74	487	PAULA ANDRESSA PIMENTA	F3034	10	DARK RHINOS	00:05:49	10,31	00:29:58.76	00:29:06.92
75	190	EVA SILVA DE CASTRO	F4549	11		00:05:50	10,30	00:29:14.64	00:29:08.15
76	632	VIVIANI BERTONI	F4549	12	RW	00:05:51	10,27	00:29:46.23	00:29:13.36
77	729	Vera Lúcia José da Costa	F4549	13	MM	00:05:51	10,26	00:29:53.28	00:29:15.12
78	612	VANESSA CERQUEIRA	F4549	14	TEAM BENITES	00:05:52	10,23	00:30:16.58	00:29:19.20
79	587	TATIELLEN KARLA PORTO DE CASTRO	F3034	11	TEAM WP	00:05:52	10,23	00:29:43.34	00:29:19.63
80	465	MILENE TEODORO	F1624	4	RW	00:05:52	10,23	00:29:39.60	00:29:19.83
81	570	SIMONE GABRIEL COSTA	F3034	12	TEAM BENITES	00:05:52	10,23	00:30:50.33	00:29:20.66
82	554	SAMANTA LEAL DOS SANTOS BLINI	F3539	15	SESI NA PISTA	00:05:52	10,22	00:29:28.57	00:29:21.06
83	407	MARCELLA COSTA	F4044	16	TEAM BENITES	00:05:52	10,22	00:30:17.91	00:29:21.25
84	65	BEATRIZ CAROLINE ZOTTI	F3034	13	CUIDE-SE BEM	00:05:52	10,22	00:30:04.58	00:29:21.75
85	564	SILENE GABRIEL COSTA	F4044	17	TEAM BENITES	00:05:53	10,20	00:30:53.70	00:29:24.30
86	232	GEOVANNA DOS SANTOS LIMA	F1624	5	MM NO LIMITE	00:05:55	10,15	00:29:36.36	00:29:34.92
87	291	JESSICA DIAS	F3539	16		00:05:55	10,13	00:30:10.18	00:29:37.31
88	228	GABRIELA ALESSANDRA RODRIGUES	F2529	8	SESI NA PISTA	00:05:55	10,13	00:30:14.61	00:29:37.68
89	107	CRISTIANE MORAES FERREIRA OLIVEIRA	F4044	18		00:05:58	10,06	00:30:03.04	00:29:49.07
90	34	ANA PAULA ROMA MATTER	F4549	15	HIIT	00:05:58	10,06	00:31:03.87	00:29:49.17
91	583	TALITA H N FERRARI	F4044	19	TALITA FERRARI	00:05:58	10,06	00:30:53.00	00:29:49.67
92	702	ALINE CATIUSCE RODRIGUES DE OLIVEIRA	F4044	20	LUCAS SILVA	00:06:00	10,00	00:31:17.55	00:30:00.69
93	584	TAMARA MARQUES M BEZERRA	F4044	21	LIVRES PARA CORRER	00:06:00	10,00	00:30:57.07	00:30:00.83
94	305	JOELMA SALAZAR	F4549	16	JOELMA	00:06:00	9,99	00:31:18.41	00:30:02.19
95	105	CRISTIANA MARTINS FABRI	F4549	17	MM NO LIMITE	00:06:01	9,96	00:30:39.14	00:30:07.59
96	412	MARCOLEYA MOURA RODRIGUES	F4044	22	LUCAS SILVA	00:06:02	9,96	00:31:28.98	00:30:08.51
97	171	ELISANGELA PEREIRA	F4044	23	MISAEL TRINDADE	00:06:03	9,92	00:30:22.42	00:30:15.28
98	274	JACIMARA ORSOLETA	F4549	18	TEAM BENITES	00:06:03	9,92	00:30:21.69	00:30:15.76
99	598	THAYS SILVA MORAIS	F3034	14	SABOR_ATLETA	00:06:03	9,91	00:32:00.37	00:30:16.02
100	289	JEICE NASCIMENTO NASCIMENTO	F4044	24	MM ACESSÓRIA	00:06:03	9,91	00:30:21.61	00:30:16.36

101	519	REGIANE DE FREITAS GOMES	F5054	8	RONDON STREET RUN	00:06:03	9,91	00:30:30.03	00:30:17.76
102	365	LEONILA GENTILINI GIRON	F6099	2	SEM EQUIPE	00:06:04	9,90	00:30:19.76	00:30:19.41
103	238	GIOVANNA BRUM	F4549	19	SILAS ABRAO	00:06:04	9,89	00:31:26.76	00:30:20.34
104	343	KEILA DE DEUS SILVA	F3539	17		00:06:04	9,89	00:31:03.63	00:30:20.83
105	421	MARIA GABRIELA SANTOS	F3034	15		00:06:04	9,88	00:31:17.02	00:30:21.52
106	485	PATRÍCIA PEREIRA VIEIRA	F3539	18	CROSSFUNCIONAL	00:06:06	9,84	00:31:57.57	00:30:29.89
107	455	MAYSA BRITO	F3034	16		00:06:06	9,83	00:31:16.21	00:30:31.58
108	367	LETÍCIA ALINE BELLORIO	F3034	17	TEAM BENITES	00:06:07	9,80	00:31:34.83	00:30:37.72
109	429	MARIA EDUARDA GONÇALVES MORENO	F2529	9		00:06:09	9,76	00:31:27.23	00:30:44.64
110	558	SANDRA CRISTINA GALVÃO	F5559	3	SESI NA PISTA	00:06:10	9,74	00:30:55.39	00:30:48.25
111	517	RAYANNE SILVA	F2529	10		00:06:10	9,73	00:32:16.48	00:30:50.47
112	336	KARLA FERRAZ	F4549	20	MISAEL TRINDADE	00:06:12	9,69	00:31:14.68	00:30:58.29
113	435	MARIA LUZIA GOMES	F4044	25		00:06:12	9,68	00:31:32.63	00:31:00.10
114	654	ZILDINETE SOUSA DOS ANJOS SOUSA DOS ANJOS	F5559	4	MM NO LIMITE	00:06:12	9,68	00:31:05.18	00:31:00.72
115	266	ISADORA NUNES	F1624	6		00:06:13	9,66	00:32:18.22	00:31:04.41
116	592	THAÍS SANTOS SANTANA	F3539	19		00:06:13	9,65	00:32:20.25	00:31:05.08
117	213	FLAVIA BUCHER	F3539	20		00:06:13	9,65	00:32:16.28	00:31:06.35
118	164	ELIAMAR NEVES	F6099	3	TEAM BENITES	00:06:13	9,65	00:32:04.61	00:31:06.77
119	385	LUCIANA SANTOS	F4044	26		00:06:14	9,62	00:31:16.72	00:31:12.01
120	434	MARIA LUIZA MELO DE LIMA	F1624	7		00:06:17	9,54	00:32:39.79	00:31:26.27
121	613	VANESSA DIAS	F3034	18	ZERO3PRO	00:06:18	9,53	00:32:49.64	00:31:29.37
122	47	ANNE GASPARRINI	F3034	19		00:06:18	9,52	00:31:44.59	00:31:30.85
123	515	RAQUEL CLEMENTE	F4044	27	GRUPO FERTIMIG	00:06:19	9,49	00:32:50.21	00:31:36.22
124	254	IARA DAIANE ROSA GOMES	F3539	21		00:06:20	9,46	00:32:50.19	00:31:42.53
125	505	POLIANA FORTE	F3539	22	MM NO LIMITE	00:06:21	9,46	00:31:49.43	00:31:43.01
126	669	TAIS OLIVEIRA SALVIANO	F2529	11	HITT	00:06:21	9,46	00:33:06.02	00:31:43.20
127	341	KATYA CASSIANO DE LIMA	F3539	23		00:06:21	9,46	00:32:50.54	00:31:43.45
128	88	CHRISTINA MELO DOS SANTOS	F2529	12		00:06:21	9,46	00:32:43.05	00:31:43.74
129	306	JOICE SANTOS	F4044	28		00:06:21	9,44	00:32:45.07	00:31:47.47
130	32	ANA OLÍVIA COSTA CASTELO BRANCO	F2529	13		00:06:21	9,44	00:33:10.86	00:31:47.66

131	450	MARY ESTHELLA ZEOLE TEODORO	F3539	24		00:06:22	9,43	00:32:02.46	00:31:49.58
132	637	WELLEN BORGES	F3034	20		00:06:22	9,43	00:32:59.65	00:31:49.94
133	389	LUCIANA TEBURCIO	F3034	21		00:06:22	9,42	00:32:52.91	00:31:51.28
134	41	ANDREIA MOREIRA DOS SANTOS SANTOS	F4044	29		00:06:22	9,41	00:32:25.60	00:31:52.74
135	137	DENISE AKEMI NOGUTI PITONDO	F3539	25		00:06:23	9,39	00:33:10.28	00:31:57.51
136	694	MILENY VASCONCELOS GONÇALVES	F3034	22	RW	00:06:24	9,37	00:33:35.19	00:32:02.25
137	721	NATALLY DE ARAUJO VAZ	F3034	23		00:06:25	9,35	00:32:42.51	00:32:06.15
138	207	FERNANDA GARBOSA	F4044	30		00:06:26	9,33	00:32:45.96	00:32:09.60
139	323	JULIANA TEIXEIRA GARBOSA	F3539	26		00:06:26	9,33	00:32:46.31	00:32:09.96
140	548	ROSE NDIKUMWENAYO	F3034	24	TEAM WP	00:06:27	9,31	00:32:20.02	00:32:14.44
141	580	SYLVANE NSENGIYUMVA	F3539	27	TEAM WP	00:06:27	9,30	00:32:20.58	00:32:15.35
142	686	THALIA ANDRESSA CORDEIRO	F2529	14		00:06:27	9,30	00:32:17.52	00:32:16.10
143	216	FLAVIA FIGUEIRA AVENA	F4549	21	FLAVIA AVENA	00:06:28	9,28	00:33:41.28	00:32:19.77
144	355	LEANDRA LYRA	F4044	31		00:06:28	9,27	00:33:13.49	00:32:22.23
145	44	MICHELLE LUNDSTEDT	F2529	15		00:06:28	9,27	00:33:49.44	00:32:22.57
146	401	LUZINETE RAMOS XAVIER DE FREITAS	F4044	32		00:06:29	9,26	00:32:39.52	00:32:23.00
147	525	RENATA AMORIN	F2529	16	RENATA AMORIN	00:06:29	9,26	00:33:44.05	00:32:23.15
148	279	JAMILE FONSECA	F3034	25		00:06:29	9,26	00:33:42.94	00:32:24.35
149	99	CLEBER VINICIUS CARDOSO DE ABREU	F3539	28		00:06:29	9,24	00:32:47.72	00:32:27.39
150	27	ANA CLARA NASCIMENTO CARVALHO	F3034	26		00:06:30	9,23	00:32:48.66	00:32:30.25
151	71	BRUNA TUFHAILE ALVES TUFHAILE	F1624	8	MM NO LIMITE	00:06:30	9,23	00:32:50.28	00:32:31.64
152	668	AMANDA APARECIDA CAVALCANTE	F3034	27		00:06:32	9,17	00:33:42.99	00:32:42.16
153	581	SYLVIA ALESSANDRA FRAGOSO SOUSA SILVA	F4044	33		00:06:33	9,16	00:33:08.02	00:32:44.04
154	512	RAFFAELLA MEDEIROS CARDOSO	F2529	17		00:06:33	9,16	00:33:59.33	00:32:44.42
155	590	THAIS APARECIDA AMARAL	F3539	29		00:06:34	9,15	00:33:20.48	00:32:48.97

156	22	AMANDA GODOY	F1624	9	ATHLOS	00:06:35	9,11	00:33:42.98	00:32:55.21
157	575	SORAYA KLOSTER CICONELLO	F4044	34		00:06:35	9,11	00:33:11.76	00:32:56.38
158	344	KELCIANA NASCIMENTO CARVALHO	F5054	9		00:06:35	9,10	00:33:13.28	00:32:57.39
159	333	KARINA GUIMARAES	F5054	10	NO LIMITE	00:06:36	9,08	00:33:19.54	00:33:02.60
160	233	GEYCIANE NUNES	F3034	28	LC ASSESSORIA ESPORT	00:06:36	9,08	00:33:12.17	00:33:02.84
161	347	LAIANE BORGES	F3539	30	LUCAS SILVA	00:06:37	9,07	00:34:23.43	00:33:05.15
162	151	EDENISIA FERREIRA HARADA	F5559	5		00:06:38	9,05	00:33:34.17	00:33:10.44
163	52	ARACELI VOLTOLINI	F3034	29	GRUPO FERTIMIG	00:06:38	9,04	00:34:19.75	00:33:11.62
164	239	GISELE XAVIER LOPES	F3034	30	CLINICA SIRIUS	00:06:39	9,02	00:33:23.66	00:33:16.19
165	561	SHEILA TOLEDO	F5054	11		00:06:40	9,01	00:33:40.13	00:33:18.33
166	318	JOSIELI MICHELI BERGMANN	F3034	31		00:06:41	8,98	00:34:36.04	00:33:25.88
167	736	Jessica Coimbra Brito	F3539	31		00:06:41	8,97	00:35:19.08	00:33:26.99
168	229	GABRIELI CARDOSO DE SOUZA	F1624	10		00:06:41	8,97	00:34:16.35	00:33:27.00
169	43	ANDRESSA DANIELLY PEDROSO DA SILVA	F3034	32		00:06:42	8,95	00:34:23.56	00:33:32.11
170	162	ELENICE ANDRADE	F5054	12	CROSS FUNCIONAL	00:06:43	8,93	00:33:54.08	00:33:35.15
171	484	PATRICIA DE OLIVEIRA BARROS	F2529	18		00:06:43	8,92	00:33:41.91	00:33:37.06
172	20	AMAILDA DA SILVA LEITE OLIVEIRA	F6099	4		00:06:43	8,92	00:33:38.22	00:33:37.11
173	588	TATIELY NOGUEIRA	F3034	33	HIIT HYROX	00:06:44	8,92	00:34:45.90	00:33:38.38
174	687	POLIANA LOPES DE ARAUJO RODRIGUES	F3539	32	OBS RUNNERS	00:06:44	8,92	00:34:38.11	00:33:38.70
175	585	TAMIRES KOMINKIEWICZ	F1624	11		00:06:45	8,89	00:34:16.17	00:33:45.24
176	126	DARLENE CRUZ DE MATOS	F6099	5	MM	00:06:46	8,87	00:33:51.84	00:33:50.41
177	671	YASMIM LOPES DA SILVA	F3034	34		00:06:47	8,85	00:34:14.31	00:33:55.88
178	476	NILZA QUEIROZ DE SOUZA	F5559	6		00:06:48	8,81	00:34:22.85	00:34:02.48
179	566	SILMARA SOARES RIBEIRO	F3539	33	MISAEL TRINDADE	00:06:49	8,81	00:34:20.34	00:34:03.21
180	119	DANIELA BESSA	F4044	35		00:06:50	8,78	00:35:25.81	00:34:10.88
181	100	CLEBIA MIRANDA	F4549	22		00:06:50	8,78	00:35:34.14	00:34:11.50
182	261	ILDA ROSA DA CONCEIÇÃO	F6099	6		00:06:51	8,76	00:34:22.00	00:34:14.86
183	733	Karine Felinto de Souza Vieira	F3034	35	MM	00:06:52	8,74	00:34:23.75	00:34:19.25

184	120	DANIELA CARVALHO SANTOS	F4044	36		00:06:52	8,73	00:35:22.89	00:34:21.50
185	417	MARIA MENEZES GUIMARAES	F6099	7		00:06:52	8,73	00:35:10.90	00:34:21.99
186	747	Leidiane araru eimigerago	F4044	37	aldeia	00:06:53	8,71	00:35:56.91	00:34:27.79
187	11	AKEME HATAMOTO	F3034	36	MISAEL TRINDADE	00:06:54	8,70	00:34:46.56	00:34:29.04
188	132	DEBORAH DE OLIVEIRA ANDRADE	F3034	37	SELL AGRO	00:06:55	8,67	00:36:01.89	00:34:36.87
189	21	AMANDA SOUZA	F4549	23		00:06:56	8,66	00:35:36.39	00:34:39.87
190	551	ROSIANE MARIA HILARIO DOS SANTOS	F4549	24	SESI NA PISTA	00:06:58	8,62	00:35:06.04	00:34:48.95
191	437	MARIA SUELI DOS SANTOS	F5559	7		00:06:58	8,62	00:35:56.75	00:34:49.50
192	649	YASMIN RECIDIVI	F3034	38	HIIT HYROX	00:06:58	8,61	00:36:27.14	00:34:50.68
193	4	ADRIANA MENDES	F4044	38		00:06:58	8,60	00:35:11.34	00:34:52.16
194	349	LAIS NIELLY SALVIANO	F3539	34	HIIT HYROX	00:07:00	8,57	00:36:10.46	00:35:01.66
195	420	MARIA CREONICE	F4549	25		00:07:01	8,56	00:35:30.84	00:35:03.59
196	366	LETICIA VERISSIMO	F2529	19		00:07:02	8,53	00:35:55.43	00:35:10.51
197	192	EVANI ANDRADE	F5054	13	CROSS FUNCIONAL	00:07:02	8,53	00:35:30.64	00:35:11.73
198	656	CARINA FIDELIS DE OLIVEIRA	F4044	39		00:07:04	8,49	00:35:28.09	00:35:21.28
199	292	JHOANE MARRARA	F3539	35		00:07:05	8,47	00:35:49.06	00:35:26.84
200	595	THAYANE CRISTINA SOUSA SILVA	F3034	39	"SE VOCE FOR, EU VOU""	00:07:07	8,44	00:36:26.17	00:35:33.29
201	307	JOICE LIMA	F4044	40	JOICE LIMA	00:07:08	8,40	00:36:50.53	00:35:42.13
202	577	SUELEM MACHADO ARCANJO	F3539	36	NAO	00:07:09	8,40	00:36:38.36	00:35:43.02
203	215	FLAVIA OLIVEIRA BARCELOS	F4549	26	CROSS FUNCIONAL	00:07:09	8,39	00:36:05.28	00:35:45.51
204	472	NÁTHALY MARTINS	F2529	20	WILKER PINA	00:07:10	8,38	00:37:00.39	00:35:48.87
205	332	KAMYLLA GOMES	F1624	12		00:07:10	8,37	00:36:32.20	00:35:50.54
206	15	ALINE FERREIRA REZENDE	F3034	40		00:07:10	8,36	00:36:37.53	00:35:52.11
207	371	LORENA XAVIER DE SOUZA	F3034	41		00:07:11	8,36	00:36:38.68	00:35:53.73
208	19	ALONDRA DEL VALLE	F1624	13		00:07:11	8,34	00:36:57.99	00:35:57.40
209	199	FABÍOLA VELASCO	F3539	37		00:07:13	8,31	00:37:29.88	00:36:07.41
210	582	TALITA DA SILVA SANTOS	F3034	42	TEAM WP	00:07:14	8,30	00:36:30.45	00:36:08.93
211	710	RENATA BARBOSA FIEDLER	F2529	21		00:07:14	8,30	00:37:48.39	00:36:09.18
212	713	JESSICA BELUZZO DE ANDRDE	F3034	43	SEMOB	00:07:14	8,30	00:37:01.38	00:36:09.96

213	89	MARIA FERNANDA ALVES TAVEIRA	F1624	14		00:07:15	8,28	00:36:19.16	00:36:14.80
214	268	ISIS PRISCILLA SILVA ARCANJO	F3539	38	FERTIMIG	00:07:15	8,28	00:37:17.09	00:36:15.93
215	282	JAQUELINE SILVIO	F2529	22		00:07:15	8,27	00:36:36.13	00:36:16.36
216	145	DORALINA DIAS PEREIRA	F4044	41	SESI NA PISTA	00:07:16	8,26	00:37:29.53	00:36:18.95
217	510	MARIA JUCIANA DE CAMPOS	F5054	14	ATHLOS	00:07:16	8,25	00:36:22.06	00:36:22.00
218	159	EDVANIA COSTA	F4549	27	TAVARES ADVOGADOS	00:07:18	8,23	00:37:13.95	00:36:28.70
219	657	LARISSA ALEXANDRE	F2529	23		00:07:19	8,21	00:38:14.40	00:36:33.21
220	393	LUCIMEYRE AGRIPIANO DE BARROS MARIANO	F5559	8	CROSS FUNCIONAL	00:07:19	8,21	00:37:02.80	00:36:33.82
221	617	VERA LUCIA GASPARIM JACINTO	F4549	28	FUNCIONAL NO LIMITE	00:07:21	8,16	00:37:18.81	00:36:46.58
222	449	MARTA ARAUJO	F4549	29	TROPA DO KM	00:07:22	8,15	00:36:50.68	00:36:48.59
223	569	SIMONE DORNELLES VILA	F5559	9		00:07:23	8,13	00:38:03.57	00:36:55.64
224	448	MARLY MONTALVÃO DE LIMA	F5054	15		00:07:23	8,12	00:38:03.74	00:36:56.22
225	373	LORRANY RODRIGUES	F2529	24		00:07:24	8,12	00:38:24.71	00:36:58.97
226	678	SIRLENE SOUZA CORREIA	F3034	44		00:07:25	8,08	00:37:43.58	00:37:07.42
227	483	PATRICIA PALACIO	F2529	25		00:07:26	8,08	00:38:11.46	00:37:09.82
228	534	ROCHELIA MIRANDA ALVES	F4044	42	ROCHELIA MIRANDA ALVES	00:07:26	8,07	00:38:32.82	00:37:10.16
229	35	ANA PAULA PAREDES ARAUJO	F2529	26		00:07:26	8,06	00:38:31.12	00:37:12.87
230	422	MARIA MARANHÃO	F5559	10		00:07:27	8,06	00:38:02.11	00:37:14.30
231	303	JOCIMEIRE LIMA DE ALMEIDA	F5559	11		00:07:28	8,04	00:38:02.45	00:37:18.03
232	38	ANDREIA BATISTA OSSUNA	F3539	39	SESI NA PISTA	00:07:29	8,02	00:37:23.74	00:37:23.66
233	28	ANA JULIA ANA JULIA DOS SANTOS OLIVEIRA	F1624	15		00:07:31	7,98	00:38:51.74	00:37:35.36
234	313	ADRIELE DA SILVA	F2529	27	MISAEL TRINDADE	00:07:32	7,97	00:38:04.75	00:37:39.06
235	608	VALDIRENE RIBEIRO	F5559	12		00:07:32	7,96	00:38:08.09	00:37:40.71
236	172	ELIZETE ROCHA DA SILVA	F4044	43		00:07:32	7,96	00:38:08.62	00:37:41.24
237	597	THAYNARA FROIS	F2529	28	THAYNARA FROIS	00:07:34	7,94	00:37:54.90	00:37:48.84
238	547	ROSAURA JOSEFINA ROMERO GALINDO	F5054	16		00:07:34	7,93	00:38:50.77	00:37:51.72
239	31	ANA NERY PEREIRA DE BRITO	F3539	40		00:07:35	7,92	00:38:10.33	00:37:53.77

240	402	MAGALI GOLDBECK POLIZEL	F3034	45		00:07:35	7,92	00:38:11.14	00:37:54.22
241	356	LEDIANE RODRIGUES	F3034	46	MAURO JHONY FRANCISC	00:07:36	7,90	00:38:31.38	00:37:58.51
242	352	LAURIANE DE SOUZA FONSECA	F3539	41	EXPRESSO DAS 6	00:07:36	7,89	00:38:12.30	00:38:00.53
243	26	ANA CAROLINE DE LIMA TOMÉ	F2529	29		00:07:38	7,86	00:39:23.19	00:38:10.12
244	609	VALÉRIA MATIUSSO	F3539	42		00:07:39	7,84	00:39:11.78	00:38:16.45
245	506	POLIANE BALDUINO	F3539	43		00:07:40	7,83	00:39:16.64	00:38:20.87
246	208	FERNANDA SANTIAGO MILANEZ DE OLIVEIRA	F4549	30		00:07:41	7,81	00:40:06.63	00:38:26.29
247	439	MARIANE QUEIROZ	F1624	16		00:07:45	7,74	00:39:05.83	00:38:47.19
248	337	KARLA DA SILVA CAMPOS NERIS	F2529	30		00:07:47	7,72	00:39:38.59	00:38:53.17
249	330	KAMILA DOS REIS SANTOS	F2529	31		00:07:50	7,66	00:39:42.38	00:39:09.41
250	25	ANA ALICE FORTUNATO	F3539	44		00:07:51	7,65	00:40:45.90	00:39:13.05
251	432	MARIA J S CIRINO	F5559	13		00:07:51	7,65	00:39:58.41	00:39:13.44
252	49	ANTONIA AMANDA SILVA OLIVEIRA	F2529	32		00:07:52	7,63	00:39:45.81	00:39:19.80
253	325	JULIENE APARECIDA PEREIRA DO AMARAL MADUREIRA	F3034	47		00:07:53	7,62	00:39:52.09	00:39:23.45
254	188	ESTELA CRISTINA GONÇALVES DE OLIMPIO	F4549	31		00:07:53	7,62	00:39:59.21	00:39:23.59
255	524	RENATA OZÉIAS DOS SANTOS	F4549	32		00:07:55	7,59	00:40:54.79	00:39:33.50
256	410	MARCIA RODRIGUES DE SOUZA	F5559	14		00:07:55	7,58	00:39:43.16	00:39:34.73
257	511	RAFAELLY PRISCILA REZENDE DE ALMEIDA	F3539	45		00:07:56	7,56	00:40:18.95	00:39:40.74
258	675	KELLY MENEZES	F1624	17		00:07:56	7,56	00:48:06.79	00:39:42.17
259	222	FRANCIELE SATELES	F3539	46		00:07:57	7,55	00:40:59.68	00:39:44.19
260	652	YSABELLA ALVES DOS ANJOS ALVES DOS ANJOS	F2529	33		00:07:57	7,54	00:41:04.37	00:39:46.47
261	206	FERNANDA CARVALHO	F3539	47		00:07:58	7,53	00:40:27.87	00:39:49.71
262	165	ELIANA ALONSO RIBEIRO DE PAULA	F6099	8		00:08:00	7,50	00:40:32.67	00:40:01.75
263	565	SILMA SOARES RIBEIRO	F3539	48		00:08:01	7,49	00:40:22.83	00:40:04.98

264	724	NADILA MADRESSA MAGALHAES MINEIRO	F2529	34		00:08:02	7,47	00:41:33.92	00:40:09.12
265	272	IZABELLA DOS SANTOS LIMA	F1624	18		00:08:02	7,46	00:41:25.39	00:40:12.82
266	456	MELLYSSA PORTELA	F2529	35		00:08:05	7,43	00:40:58.64	00:40:23.55
267	467	MIRELLE SOUZA FERREIRA LEAL	F2529	36	MIRELLE & DANILO	00:08:05	7,43	00:40:36.76	00:40:23.87
268	160	EDYLAINE DA SILVA SOUZA BRITO	F3539	49	LC ASSESSORIA	00:08:05	7,43	00:40:36.75	00:40:24.34
269	55	ARIELY PROENÇA	F3034	48		00:08:05	7,43	00:40:54.80	00:40:24.65
270	234	GILCIRLENE DE MORAES DA SILVA	F3539	50	MM NO LIMITE	00:08:05	7,43	00:40:36.58	00:40:24.81
271	8	ADRIELI PEREIRA DA SILVA	F3539	51		00:08:06	7,41	00:40:34.74	00:40:30.83
272	256	IEDA DE SOUZA MEDEIROS	F5054	17		00:08:07	7,40	00:41:09.59	00:40:34.95
273	241	GRACIELLA VALERIANO SILVA	F4044	44		00:08:08	7,38	00:41:56.79	00:40:39.16
274	748	Rayssa Jacome Ekureudo Leandro	F1624	19	aldeia	00:08:09	7,37	00:42:12.73	00:40:43.77
275	704	INGRID GAWLINSKI VITO	F2529	37	MM	00:08:11	7,33	00:42:04.64	00:40:54.05
276	106	CRISTIANE SOUZA DOS SANTOS	F4044	45		00:08:13	7,31	00:41:16.68	00:41:03.26
277	553	ROSILENE AUGUSTA DA SILVA	F4044	46		00:08:13	7,31	00:42:28.68	00:41:04.58
278	351	LAURA CURY	F4044	47		00:08:13	7,30	00:42:28.46	00:41:05.23
279	430	MARIA FRANCISCA PEREIRA SANTOS	F5054	18	G5 RUN	00:08:14	7,29	00:42:18.03	00:41:09.42
280	377	LUANA LETÍCIA	F3034	49		00:08:14	7,28	00:42:10.69	00:41:12.85
281	335	KARINE FAGUNDES	F5054	19	TEAM BENITES	00:08:15	7,28	00:42:06.13	00:41:14.99
282	655	ZILMA EURIPEDES DE QUADROS	F6099	9	TEAM BENITES	00:08:15	7,27	00:42:06.01	00:41:15.06
283	387	LUCIANA PEREIRA DOS SANTOS	F4549	33		00:08:16	7,26	00:41:52.43	00:41:20.89
284	615	VANIA SILVA	F4549	34		00:08:17	7,24	00:42:52.49	00:41:25.79
285	661	VALCIRENE DE FREITAS SILVA	F4549	35		00:08:17	7,24	00:41:43.62	00:41:27.49
286	526	RENATA TAVEIRA DE SOUZA SILVA	F3539	52		00:08:18	7,23	00:42:17.40	00:41:28.50
287	418	MARIA DO SOCORRO ROCHA NOBREGA	F5559	15	SESI NA PISTA	00:08:18	7,22	00:42:26.82	00:41:32.64

288	93	CLAUDIA SPALATTI	F4044	48	CLAUDIA SPALATTI DAS	00:08:24	7,14	00:42:21.36	00:42:00.15
289	273	IZABELLY LIMA DOS SANTOS	F1624	20		00:08:27	7,11	00:43:36.25	00:42:13.61
290	463	MILENA ROOS	F2529	38		00:08:27	7,10	00:43:15.46	00:42:14.28
291	411	MARCIA BITENCOURT DE SOUZA	F4044	49	CATEQUESE PSJB	00:08:29	7,08	00:43:04.87	00:42:24.28
292	264	IRAZILDA MARIA DE MORAIS MARIA DE MORAIS	F5559	16	CROS FUNCIONAL	00:08:31	7,05	00:43:04.89	00:42:34.18
293	705	GISELLE QUIRINO DOS SANTOS	F3539	53		00:08:31	7,05	00:46:22.09	00:42:35.92
294	557	SANDRA CAMILO PRADO	F5559	17	NO LIMITE RUNN	00:08:31	7,04	00:43:30.70	00:42:36.78
295	316	JOSIANE PINA	F3034	50		00:08:34	7,00	00:44:15.24	00:42:50.69
296	114	CYNTHIA MEDEIROS MOREIRA	F2529	39		00:08:35	6,99	00:44:12.57	00:42:54.75
297	677	ALAIZA SOUZA NASCIMENTO	F3034	51		00:08:35	6,99	00:43:14.48	00:42:55.57
298	630	VITÓRIA JAQUELINE JAQUELINE	F4044	50	VITÓRIA JAQUELINE FE	00:08:35	6,98	00:43:15.06	00:42:57.22
299	112	CRISTINA MEDEIROS	F4549	36	CRISTINA MEDEIROS	00:08:36	6,98	00:44:17.61	00:42:58.57
300	370	LIV CINTRA	F4549	37		00:08:37	6,96	00:44:06.29	00:43:05.17
301	5	ADRIANA SILVA DOS ANJOS	F4549	38		00:08:39	6,94	00:43:52.85	00:43:14.03
302	388	LUCIANA ANJOS	F4549	39		00:08:43	6,88	00:44:15.44	00:43:36.62
303	13	ALDAIRIS RIBEIRO	F3034	52	ATLHOS ASSESSORIA	00:08:45	6,85	00:45:03.04	00:43:47.05
304	124	DANUSA CAMARGO DE ALMEIDA	F4044	51	MM NO LIMITE	00:08:45	6,85	00:44:28.13	00:43:47.08
305	400	LURDES DA SILVA PARÁ	F3034	53	LURDES DA SILVA PARÁ	00:08:47	6,83	00:45:37.19	00:43:57.58
306	390	LUCIANA JOAQUIM DOS SANTOS	F3034	54		00:08:48	6,81	00:44:13.50	00:44:02.60
307	703	FERNANDA MARTINY CABRAL	F4044	52		00:08:49	6,81	00:44:42.04	00:44:04.17
308	130	DEBORA CAMILA ZAMPARONI	F3034	55		00:08:49	6,81	00:45:05.97	00:44:05.82
309	611	VANESSA MACHADO	F3539	54		00:08:50	6,80	00:44:14.95	00:44:08.78
310	82	CAROL BORGES	F2529	40		00:08:50	6,80	00:44:30.60	00:44:09.67
311	76	CAMILA GABRIELA LONGHI DEL	F4044	53		00:08:51	6,78	00:45:15.06	00:44:16.75
312	16	ALINE RODRIGUES DA SILVA	F4044	54	ATHLOS ASSESSORIA ES	00:08:52	6,77	00:45:04.12	00:44:19.14
313	589	TEREZINHA DE JESUS FERNANDES LIMA	F5559	18	ATHLOS ASSESSORIA	00:08:53	6,75	00:44:26.30	00:44:25.19

314	42	ANDRESSA TELES MARQUES	F1624	21		00:08:54	6,74	00:45:39.68	00:44:29.31
315	386	LUCIANA MEDEIROS	F4044	55		00:08:58	6,69	00:46:09.48	00:44:51.62
316	567	SILVANA DA CRUZ QUINTINO DE SOUZA	F4044	56	TROPA DO KM	00:08:59	6,67	00:45:08.53	00:44:58.99
317	460	MICKAELE RODRIGUES	F3539	55		00:08:59	6,67	00:45:09.41	00:44:59.30
318	339	KATIA PATRÍCIA SILVA REZENDE	F5054	20	TEAM WP	00:09:12	6,52	00:46:51.49	00:46:01.70
319	378	LUANA GABRIELE	F1624	22		00:09:14	6,50	00:47:06.04	00:46:08.43
320	116	DAGMAR MARTINS DE MELO	F6099	10	105/EXPRESSO 6	00:09:17	6,47	00:46:38.21	00:46:24.08
321	359	LEILA MELO	F5559	19	SESI NA PISTA	00:09:17	6,47	00:47:03.73	00:46:24.66
322	457	MESSIELLEN CARVALHO	F2529	41		00:09:21	6,42	00:47:38.97	00:46:43.40
323	752	LUZIA MARIA DE OLIVEIRA	F5559	20		00:09:21	6,42	00:46:50.39	00:46:44.22
324	374	LORRENE PAULA	F2529	42		00:09:21	6,42	00:48:10.95	00:46:44.94
325	3	ADRIANA MARIA ALVES DE FARIA PITALUGA	F5559	21		00:09:32	6,30	00:47:59.83	00:47:38.34
326	340	KATIUSCIA MARTIMIANO	F2529	43		00:09:34	6,28	00:48:18.46	00:47:48.27
327	701	MICHELLE DA SILVA SOUZA FREITAS	F3539	56	LC TENIS PRIME	00:09:34	6,28	00:52:38.94	00:47:48.75
328	424	MARIA CLARA RODRIGUES	F1624	23		00:09:39	6,22	00:53:39.73	00:48:14.48
329	40	ANDRÉIA IBANHES	F4044	57	ANDRÉIA	00:09:43	6,17	00:49:27.72	00:48:37.41
330	576	STEFANI BATISTA PINHEIRO MOREIRA	F3034	56		00:09:46	6,15	00:49:51.76	00:48:49.18
331	125	DARCI ALVES DE SOUZA	F6099	11		00:09:51	6,10	00:49:14.17	00:49:13.61
332	331	KAMILY VITORIA RAMOS MARTIMIANO	F1624	24		00:09:53	6,07	00:49:54.07	00:49:24.73
333	431	MARIA INÊS ADAMI NUNES	F4044	58		00:10:03	5,97	00:51:38.75	00:50:15.95
334	280	JAMILLE LOPES	F4044	59		00:10:03	5,97	00:51:39.21	00:50:17.67
335	334	KARINE DOS SANTOS DE FIGUEIREDO BARROS SEBA	F3539	57		00:10:29	5,72	00:53:33.40	00:52:26.78
336	572	SOLANGE CRISTINA MIRANDA FERREIRA	F5559	22		00:10:31	5,70	00:53:02.05	00:52:36.64
337	275	JACKEANNE LEONEL NUNES	F3539	58	MM NO LIMETE	00:10:32	5,70	00:52:38.85	00:52:38.85
338	706	ISABELI AUGUSTO SOUZA	F1624	25		00:10:33	5,69	00:53:18.67	00:52:45.78
339	626	VILMA LI KLIMACHESKKI	F3539	59		00:10:52	5,52	00:55:35.21	00:54:21.40
340	17	ALINE JACAÚNA	F3034	57		00:11:02	5,44	00:55:34.73	00:55:10.60
341	618	VERONICE REIS SERAFINI	F6099	12	AGROER	00:11:05	5,41	00:55:53.83	00:55:26.21