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ROGERIO CUSTELA ASSESSORIA ESPORTIVA

Relatório Geral - 5KM - Feminino

Colocação Geral	Número	Nome	Codigo Faixa Etária	Colocação Faixa Etária	Equipe	Ritmo Tempo Liquido	Velocidade Tempo Liquido	Tempo Bruto	Tempo Liquido
6	86	CARLA DAYANE BEZERRA SILVA	F4049	1	PVA RUNNERS	00:04:27	13,49	00:22:15.02	00:22:14.75
7	386	MARIA FÁTIMA BATZ MESQUITA	F5059	1	INSTITUTO MEDALHA DOURADA	00:04:27	13,46	00:22:18.26	00:22:17.99
8	510	SÔNIA BEATRIZ RAMOS SILVEIRA	F5059	2	FUNCIONAL NO LIMITE	00:04:29	13,40	00:22:23.10	00:22:23.07
9	354	LUCIMARA CORREIA	F5059	3	LUCIMARA CORREIA	00:04:34	13,13	00:22:52.14	00:22:51.87
10	398	MARILENE BANDEIRA	F5059	4	PVARUNNERS	00:04:36	13,05	00:23:00.66	00:22:59.12
11	164	EMILY ALBUQUERQUE	F1829	1	MOTIVATION RUNNERS	00:04:39	12,92	00:23:15.32	00:23:13.94
12	314	LAYS BELLINE	F3039	1	MOTIVATION RUNNERS	00:04:40	12,85	00:23:22.51	00:23:21.92
13	541	VALÉRIA F SANTANA	F3039	2	LIVRES PARA CORRER	00:04:44	12,68	00:23:46.31	00:23:39.02
14	205	GISELE FERNANDA	F3039	3		00:04:45	12,63	00:24:03.93	00:23:45.26
15	245	JAMYLLY STEFANY	F1829	2	MM NO LIMITE	00:04:49	12,47	00:24:12.14	00:24:03.66
16	252	JAQUELINE NEITZKE	F3039	4		00:04:49	12,47	00:24:12.78	00:24:04.57
17	24	ALINE ROSA NOGUEIRA DA SILVA FERREIRA	F1829	3		00:04:50	12,41	00:24:13.76	00:24:10.34
18	53	ANNE RAFAELA OLIVEIRA BARBOSA	F3039	5	LIVRES PARA CORRER	00:04:51	12,38	00:24:34.72	00:24:14.65
19	87	CARLENE BORGE MARINHO	F3039	6	PVARUNNERS	00:04:51	12,38	00:24:26.15	00:24:14.86

20	246	JANAINA FERREIRA DAS NEVES	F3039	7		00:04:51	12,37	00:26:29.11	00:24:15.27
21	39	ANAELBI MARQUES	F4049	2		00:04:53	12,28	00:24:26.74	00:24:26.55
22	949	SIMONE SABADIN	F4049	3		00:04:55	12,22	00:25:26.21	00:24:33.37
23	390	MARIA LUIZA BARROSO MACEDO	F1829	4	MOTIVATION RUNNERS	00:04:58	12,07	00:24:55.22	00:24:51.44
24	91	CASSIA SUELLEN DE SOUSA	F3039	8	CÁSSIA	00:05:01	11,97	00:25:59.90	00:25:04.30
25	522	TARLISE RAMOS	F3039	9	PVARUNNERS	00:05:02	11,91	00:25:22.77	00:25:11.46
26	263	JESSICA JAMILY FERREIRA SILVA	F1829	5	MOTIVATION RANNERS	00:05:03	11,88	00:25:19.27	00:25:15.07
27	122	DEBORA ALVES DA SILVA	F1829	6	PVARUNNERS	00:05:05	11,82	00:25:44.28	00:25:23.72
28	526	THAIS PESTANA ZANCO	F3039	10	LIVRES PARA CORRER	00:05:07	11,72	00:25:46.47	00:25:36.14
29	273	JOELMA IONARA DE AZEVEDO SILVA	F5059	5	LIVRES PARA CORRER	00:05:10	11,63	00:25:48.84	00:25:48.82
30	464	RAFAELLY NUNES FERREIRA	F1829	7	LIVRES PARA CORRER	00:05:10	11,62	00:25:50.31	00:25:49.17
31	309	LAÍS AZEVEDO	F3039	11	LIVRES PARA CORRER	00:05:13	11,50	00:26:18.79	00:26:05.59
32	37	ANA MARFIZIA DOMINGUES DE CASTRO	F4049	4	PVA RUNNERS	00:05:15	11,41	00:27:05.63	00:26:17.64
33	160	ELISANGELA OLIVEIRA PINHEIRO	F4049	5	FAMÍLIA OLIVEIRA BIA	00:05:16	11,41	00:26:18.99	00:26:18.30
34	11	ALCIONE ALVES COELHO RIBEIRO	F3039	12	PVARUNNERS	00:05:17	11,35	00:26:29.67	00:26:26.62
35	63	BEATRIZ PEREIRA DA SILVA	F3039	13	SESI NA PISTA	00:05:19	11,27	00:27:29.13	00:26:37.76
36	21	ALEXIA BRITO	F1829	8	MUNDO DOS SUPLEMENTO	00:05:20	11,24	00:27:52.84	00:26:42.12
37	449	PAULA RAFISA MENDES DA SILVA	F1829	9		00:05:22	11,19	00:27:25.26	00:26:48.72
38	255	JAQUELINE TURRA	F4049	6		00:05:22	11,19	00:28:12.64	00:26:49.05
39	107	CRISTIANA RICARDO	F4049	7		00:05:22	11,17	00:27:55.01	00:26:51.35
40	462	RAFAELA FRAGOSO MENDES	F3039	14	PVARUNNERS	00:05:22	11,17	00:27:47.35	00:26:52.76
41	493	ROSILENE DA CRUZ MATIAS CUNHA	F4049	8	PVA RUNNERS	00:05:23	11,16	00:26:55.98	00:26:53.63
42	54	ANTÔNIA LOPES	F3039	15	MOTIVATION RUNNERS	00:05:24	11,12	00:28:08.00	00:26:59.65
43	525	THAIS FERREIRA	F3039	16		00:05:26	11,03	00:27:22.47	00:27:12.12
44	521	TAMIRES SOUSA DE MELO	F1829	10		00:05:27	11,00	00:27:40.25	00:27:16.88
45	439	NINA CIRILO	F6099	1	PVA RUNNERS	00:05:28	10,98	00:27:22.83	00:27:20.84
46	533	THIRLY VIEIRA DE MORAES	F4049	9	LIVRES PARA CORRER	00:05:30	10,90	00:27:51.47	00:27:31.36

47	509	SONIA CURIONI	F5059	6	PVARUNNERS	00:05:31	10,87	00:27:39.17	00:27:36.26
48	506	SIMONI MAIA	F3039	17	PTGA RUNNERS	00:05:31	10,86	00:28:22.85	00:27:37.35
49	336	LORRAINE DA SILVA SOUZA	F3039	18		00:05:32	10,84	00:28:12.14	00:27:40.49
50	382	MARIA CLAUDENE SILVA	F4049	10	LIVRES PARA CORRER	00:05:33	10,81	00:27:59.09	00:27:45.40
51	520	TAIS RODRIGUES BARALDI	F1829	11	RW	00:05:33	10,81	00:29:09.05	00:27:45.46
52	554	VIVIANE DE MORAIS	F4049	11	PTGA RUNNERS	00:05:33	10,80	00:28:41.21	00:27:46.84
53	465	RAIANE NETO	F1829	12		00:05:34	10,78	00:27:53.54	00:27:50.58
54	148	EGIANE EVANGELISTA DIAS	F4049	12		00:05:34	10,77	00:29:51.35	00:27:51.00
55	329	LIDIA PRINCESWAL RAMOS SCHUSTER	F3039	19		00:05:34	10,77	00:30:08.18	00:27:51.94
56	418	MÔNIA MAIA DE LIMA	F4049	13		00:05:35	10,73	00:29:13.42	00:27:57.67
57	47	ANDREIA CRISTINA SANDRIM CARVALHO SANDRIM CARVALHO	F3039	20		00:05:36	10,73	00:28:47.84	00:27:58.53
58	2	ADRIANA OLIVEIRA FREITAS	F5059	7	PVA RUNNERS	00:05:36	10,71	00:28:10.57	00:28:01.27
59	25	ALINE EMANUELE MENESES DE SOUZA CAVALCANTE DA SILV	F1829	13	LIVRES PARA CORRER	00:05:36	10,71	00:29:01.91	00:28:01.42
60	471	RENALLY MEDEIROS	F1829	14	FULLBODY	00:05:36	10,71	00:28:26.87	00:28:01.50
61	291	JULYANA KELLY SOUZA SATTLER	F1829	15	JULYANA	00:05:37	10,68	00:29:21.63	00:28:05.88
62	121	DAYANE DE JESUS	F3039	21	LIVRES PARA CORRER	00:05:37	10,67	00:28:57.87	00:28:07.45
63	43	ANDREA LUZIA THIESEN	F4049	14	HAPPY RUNNERS	00:05:38	10,65	00:29:36.18	00:28:10.84
64	117	DANIELLE P. SILVA	F3039	22		00:05:39	10,62	00:28:22.30	00:28:15.92
65	23	ALIME COSTA	F3039	23		00:05:39	10,61	00:28:31.70	00:28:16.13
66	124	DÉBORA GOMES COELHO	F3039	24	LC ESPORTIVA	00:05:39	10,61	00:28:50.98	00:28:16.93
67	57	APARECIDA CAETANO DA FONSECA SILVA	F5059	8	MULTI MOLDURAS	00:05:40	10,58	00:28:39.69	00:28:22.82
68	741	CÂNDIDA BONADIMAN JUNG	F3039	25	*****	00:05:41	10,56	00:29:50.29	00:28:25.43
69	52	ANNA REYNAUD	F3039	26		00:05:42	10,54	00:30:34.69	00:28:28.53
70	419	MONICA ALZIRA VALE	F5059	9		00:05:42	10,53	00:28:32.29	00:28:30.66
71	221	HELAINE PAWLINA KALIZAK SCHMIDT	F3039	27		00:05:43	10,49	00:29:43.01	00:28:36.43
72	111	DAIANE NASCIMENTO	F1829	16	LIVRES PARA CORRER	00:05:45	10,44	00:29:22.55	00:28:44.34
73	10	ALANY AUGUSTO MONTEIRO	F1829	17		00:05:45	10,43	00:28:50.50	00:28:45.56
74	79	CAMILA LOPES	F1829	18		00:05:46	10,41	00:30:01.75	00:28:49.26
75	307	LADY LAURA ALVES	F3039	28		00:05:47	10,37	00:30:49.29	00:28:55.46

76	261	JESSICA ALMEIDA DOS SANTOS	F1829	19		00:05:47	10,37	00:29:55.80	00:28:55.79
77	139	EDINÉIA OLIVEIRA	F3039	29	LIVRES PARA CORRER	00:05:48	10,34	00:29:54.45	00:29:01.00
78	415	MÉRCIA BARROSO RODRIGUES DE MACEDO	F4049	15	MOTIVATION RUNNERS	00:05:49	10,33	00:29:15.29	00:29:03.92
79	240	IVONE CAMPOS SILVA	F3039	30		00:05:49	10,32	00:31:32.96	00:29:05.68
80	214	GUIDIANE LIMA	F3039	31		00:05:49	10,32	00:29:27.23	00:29:05.79
81	227	IEDA AGUELA PREVEDELLO	F6099	2	PVA RUNNERS	00:05:49	10,30	00:30:56.36	00:29:07.16
82	466	RAILLA MATOS ARAUJO	F1829	20		00:05:50	10,30	00:30:04.06	00:29:08.96
83	366	MARA TAVARES	F3039	32		00:05:52	10,24	00:29:48.12	00:29:18.25
84	210	GLÁUCIA CAMILO	F3039	33		00:05:52	10,23	00:30:08.20	00:29:19.97
85	490	ROSELI LUZA ALMEIDA	F4049	16	PVARUNNERS	00:05:52	10,22	00:29:56.27	00:29:21.90
86	106	CRISLAINE MATIAS DA SILVA	F3039	34		00:05:53	10,19	00:29:55.11	00:29:27.53
87	36	ANA FLÁVIA FERREIRA NERES	F3039	35	LIVRES PARA CORRER	00:05:54	10,18	00:30:07.32	00:29:28.59
88	94	CELINA GARCIA LEAL	F5059	10	LIVRES PARA CORRER	00:05:54	10,17	00:30:26.77	00:29:30.27
89	26	ALINI DE MORAES VILELA	F3039	36		00:05:55	10,15	00:30:17.19	00:29:34.00
90	867	LORRAYNI FERNANDES SILVA	F3039	37	PVA RUNNERS	00:05:55	10,15	00:29:53.21	00:29:34.89
91	400	MARINA BATISTA REDONDO	F5059	11	PVARUNNERS	00:05:55	10,14	00:30:09.76	00:29:35.80
92	206	GISELE GUILHERME	F4049	17	ALTO RENDIMENTO	00:05:55	10,13	00:31:46.48	00:29:37.73
93	497	SAFIRA FREITAS MENDONÇA	F1829	21	SAFIRA FREITAS MENDO	00:05:56	10,12	00:30:22.77	00:29:39.65
94	298	KARLA SANTOMÉ	F3039	38		00:05:56	10,11	00:30:01.58	00:29:40.73
95	514	SUELY PEREIRA	F5059	12	CASAL CORAÇÃO	00:05:57	10,09	00:29:55.94	00:29:44.95
96	508	SOIANE GABRIELY	F3039	39		00:05:57	10,07	00:30:16.42	00:29:47.05
97	401	MARINEIS MEDEIROS DA SILVA	F4049	18	LIVRES PARA CORRER	00:05:58	10,06	00:30:38.17	00:29:50.24
98	485	RODRIGO JÚNIOR PRESTES	F4049	19	ALEX RODRIGUES	00:05:58	10,06	00:31:19.10	00:29:50.42
99	84	CARITA BENTO	F3039	40		00:05:59	10,04	00:31:04.62	00:29:53.15
100	289	JULIENE BARBOSA DE JESUS	F4049	20	PVA RUNNERS	00:05:59	10,03	00:30:37.88	00:29:54.94
101	138	EDINA OLIVEIRA DA COSTA	F4049	21	LIVRES PARA CORRER	00:05:59	10,03	00:30:47.81	00:29:55.94
102	163	ELIZAMA RANGEL	F4049	22		00:05:59	10,01	00:30:26.83	00:29:58.55
103	162	ELISIANA LORENZZON	F4049	23	LIVRES PRA CORRER	00:05:59	10,01	00:31:09.09	00:29:58.79
104	136	EDILMA BARRO BARROS FREITAS	F3039	41	LIVRES PARA CORRER	00:06:01	9,98	00:30:53.71	00:30:04.15
105	468	REGINA SOUSA	F3039	42		00:06:01	9,96	00:30:11.72	00:30:07.66
106	159	ELISANGELA PEREIRA LIMA	F5059	13	LIVRES PARA CORRER	00:06:02	9,96	00:31:18.19	00:30:08.10
107	492	ROSENILDA SILVA OLIVEIRA	F4049	24		00:06:02	9,96	00:30:59.54	00:30:08.58

108	118	DANIELLE CRISTINA SPELMEIER	F1829	22	LIVRES PARA CORRER	00:06:02	9,93	00:30:35.64	00:30:12.92
109	294	KAÍNNY CASTAÑON NUNES	F3039	43		00:06:03	9,92	00:30:53.70	00:30:14.58
110	49	ANDRESSA VERONICA WEBER SERAFIM	F1829	23		00:06:04	9,88	00:31:19.22	00:30:21.20
111	384	MARIA CLEIDE RIBEIRO DOS SANTOS	F4049	25	PVA RUNNERS	00:06:04	9,88	00:32:15.28	00:30:21.46
112	272	JOCASTA SOARES ROCHA DE OLIVEIRA	F3039	44	SICOOB	00:06:04	9,88	00:30:29.96	00:30:22.97
113	383	MARIA CLAUDIA RIBEIRO	F4049	26	PVARUNNERS	00:06:05	9,87	00:32:15.73	00:30:23.21
114	341	LUANA NICOLINO AGRA	F4049	27		00:06:05	9,87	00:31:30.68	00:30:23.98
115	438	NILZA MARIA MACIEL COSTA	F6099	3	ALEX RODRIGUES	00:06:05	9,87	00:31:53.21	00:30:24.64
116	424	NATHALIA ALMEIDA ANTUNES DE ASSIS	F3039	45		00:06:05	9,86	00:31:59.33	00:30:25.43
117	442	NYCOLLY NERES	F1829	24		00:06:06	9,85	00:31:52.69	00:30:28.14
118	129	DEUSENI PEREIRA DOS SANTOS	F3039	46		00:06:06	9,84	00:31:31.07	00:30:30.89
119	61	AUDINEIA CRUZ	F3039	47		00:06:06	9,83	00:31:01.08	00:30:31.84
120	430	NAYARA LORAYNE ROSA LIMA	F3039	48	LIVRES PARA CORRER	00:06:07	9,82	00:31:20.35	00:30:33.74
121	301	KELLY YAMAGUCHI	F4049	28	CASAL MOBEÍM	00:06:07	9,80	00:31:22.09	00:30:36.28
122	256	JEANES RODRIGUES	F4049	29	PVA RUNNERS	00:06:08	9,79	00:30:52.38	00:30:38.69
123	152	ELIANE FEITOSA	F4049	30		00:06:11	9,71	00:32:52.72	00:30:54.88
124	293	JUSSARA RODER	F4049	31	JUSSARA SABINO RODER	00:06:11	9,71	00:31:49.75	00:30:54.90
125	9	ALANA TELLES DA SILVA	F1829	25		00:06:12	9,68	00:32:35.53	00:30:59.69
126	422	NATALIA TEODORIO	F1829	26	LIVRES PARA CORRER	00:06:12	9,67	00:31:37.09	00:31:02.00
127	64	BEATRIZ CALZETA ZANOTTO	F1829	27		00:06:13	9,65	00:32:06.36	00:31:06.86
128	396	MARILENA DOS REIS SARTORI	F6099	4	MM NO LIMITE	00:06:13	9,64	00:31:14.33	00:31:07.78
129	80	CAMILA LIRA	F3039	49	LIVRES PARA CORRER	00:06:14	9,63	00:31:56.97	00:31:10.15
130	197	GABRIELLE BRUSTOLIN	F3039	50	FGASSESSORIA	00:06:14	9,62	00:31:39.89	00:31:12.61
131	222	HELOISA KLEIN	F0017	1		00:06:15	9,59	00:32:23.59	00:31:16.10
132	68	BRENDA KAMILE RIBEIRO DE SOUZA	F1829	28		00:06:17	9,54	00:33:40.74	00:31:27.23
133	286	JULIANA FARIAS DO NASCIMENTO	F3039	51	PVARUNNERS	00:06:18	9,52	00:32:29.07	00:31:31.91
134	961	JACKELINE ALMEIDA SILVA	F3039	52	PVA RUNNERS	00:06:20	9,47	00:31:47.61	00:31:40.64
135	167	ENELI DE OLIVEIRA GOMES	F3039	53	PROMESSA RUNNERS	00:06:22	9,43	00:32:18.53	00:31:49.19
136	407	MARY ANNE BARROS	F1829	29	LIVRES PARA CORRER	00:06:22	9,41	00:32:39.07	00:31:52.14

137	247	JANAÍNA SOUZA	F4049	32	PVARUNNERS	00:06:23	9,40	00:32:27.96	00:31:54.74
138	31	ANA BEATRIZ AZEVEDO RODRIGUES	F1829	30		00:06:23	9,40	00:32:28.70	00:31:55.24
139	92	CASSIANE LABORDA	F1829	31		00:06:24	9,37	00:33:17.35	00:32:01.70
140	242	JACKELLINY CASTELHANO	F3039	54	LIVRES PRA CORRER	00:06:25	9,36	00:34:00.14	00:32:03.25
141	367	MARCELLA CAROLINE GONÇALVES	F4049	33		00:06:26	9,34	00:32:39.38	00:32:08.62
142	421	NAIRA FONTINELE	F4049	34	PVA RUNNERS	00:06:26	9,32	00:33:48.04	00:32:11.95
143	90	CAROLINE POLATO PALMEIRA ZANONI	F4049	35		00:06:27	9,31	00:33:54.76	00:32:13.77
144	402	MARISA DE MATOS LOFFLER LOFFLER	F5059	14	LIVRES PARA CORRER	00:06:27	9,31	00:33:00.39	00:32:14.90
145	416	MICHELLY CRISTINA BERNARDES	F1829	32	MULTI MOLDURAS	00:06:27	9,30	00:35:01.89	00:32:15.67
146	571	ZENAIDE COSTA MACEDO	F4049	36	LIVRES PARA CORRER	00:06:27	9,29	00:33:09.15	00:32:17.72
147	200	GEYCIANE NUNES	F3039	55	LC ASSESSORIA ESPORT	00:06:28	9,28	00:32:53.33	00:32:19.28
148	285	JUCILENE DO CARMO	F4049	37	PVA RANNER	00:06:28	9,28	00:33:58.76	00:32:19.48
149	108	CRISTIANE AMANCIO DA GUIA	F3039	56	CRISTIANE AMANCIO DA	00:06:28	9,28	00:32:44.90	00:32:20.27
150	311	LARISSA LIMA	F3039	57		00:06:28	9,27	00:33:02.13	00:32:21.41
151	155	ELIANY FEITOSA DA SILVA CHAVES	F4049	38	PVA RUNNERS	00:06:29	9,26	00:32:57.23	00:32:24.94
152	426	NATHIELI GONÇALVES LIMA	F3039	58	CROSS TITÃS	00:06:30	9,24	00:33:43.12	00:32:29.42
153	332	LILLIAN BARANHUK	F4049	39	AVANCE+	00:06:32	9,18	00:33:34.67	00:32:40.67
154	551	VITORIA VINCENZI	F1829	33		00:06:33	9,17	00:34:08.94	00:32:43.05
155	143	EDUARDA BARBOSA	F1829	34		00:06:35	9,12	00:33:52.26	00:32:53.21
156	540	VALÉRIA ROSA DOS SANTSO	F3039	59	LIVRES PARA CORRER	00:06:35	9,12	00:33:40.40	00:32:53.58
157	568	YASMIN VIEIRA DO CARMO	F1829	35	SICOOB	00:06:35	9,12	00:33:01.97	00:32:54.95
158	365	MALU WARPECHOWSKI	F1829	36		00:06:36	9,10	00:34:36.12	00:32:59.26
159	241	JACIELE RAITER RAITER	F3039	60		00:06:39	9,03	00:33:46.34	00:33:13.01
160	528	THAISA FERNANDES NUNEZ	F0017	2	JESUS	00:06:39	9,03	00:34:00.60	00:33:13.22
161	433	NELIDA SOUZA	F4049	40		00:06:39	9,01	00:33:46.57	00:33:17.94
162	191	FRANCYLANE FERREIRA PEREIRA	F3039	61	PVA RUNNERS	00:06:40	9,00	00:34:32.89	00:33:19.12
163	501	SANDRA FÁTIMA GUERRA VIDORI	F4049	41	PTGA RUNNERS	00:06:40	8,99	00:35:43.11	00:33:22.93

164	128	DENISE CALDAS LIMA DOS SANTOS	F3039	62		00:06:41	8,97	00:34:50.47	00:33:27.88
165	473	RENATHIELLY BRUNETTA	F3039	63	PAULO LEMES	00:06:42	8,96	00:34:14.99	00:33:29.69
166	523	TATIANE GOIS PEREIRA	F3039	64	JC ACESSORIA	00:06:42	8,96	00:35:06.44	00:33:29.75
167	254	JAQUELINE MICOLINO DA VEIGA	F3039	65		00:06:43	8,94	00:33:56.63	00:33:34.10
168	100	CLAUDIA CÂNDIDO	F4049	42	LIVRES PARA CORRER	00:06:43	8,94	00:35:46.33	00:33:34.89
169	504	SILVANA FERREIRA NOBRE	F3039	66	SICOOB	00:06:44	8,92	00:33:53.84	00:33:38.66
170	692	ROSIANE FERREIRA DOS SANTOS	F3039	67	LIVRES PARA CORRER	00:06:44	8,92	00:35:56.47	00:33:39.77
171	446	PABLICIA SILVA	F1829	37	LIVRES PARA CORRER	00:06:44	8,91	00:34:19.52	00:33:40.46
172	335	LOHANA SALES FERNANDES	F3039	68		00:06:45	8,88	00:34:52.89	00:33:47.09
173	38	ANA MARIA CAMPOS DA SILVA	F3039	69	LIVRES PARA CORRER	00:06:46	8,87	00:36:00.01	00:33:49.81
174	472	RENATA LOPES FERREIRA	F3039	70		00:06:48	8,82	00:34:45.32	00:34:00.65
175	232	INDYARA SILVÉRIO DOURADO DAMACENO	F3039	71		00:06:50	8,78	00:34:47.80	00:34:10.14
176	142	EDNEUZA SOARES ROCHA	F6099	5	PVA RUNEERS	00:06:51	8,76	00:34:15.58	00:34:15.58
177	250	JANECLEIA DOS SANTOS LOPES	F3039	72		00:06:51	8,76	00:34:27.54	00:34:15.60
178	46	ANDREIA DOURADO	F4049	43		00:06:51	8,75	00:34:29.43	00:34:16.50
179	238	IVANI RODRIGUES PEREIRA	F6099	6	PVA RUNNERS	00:06:51	8,75	00:34:26.45	00:34:16.83
180	96	CHARLENE FERREIRA	F4049	44	MOTIVATION RUNNERS	00:06:51	8,75	00:34:30.92	00:34:17.99
181	327	LETÍCIA FERREIRA DOS SANTOS	F3039	73	PVA RUNNERS	00:06:52	8,75	00:35:17.40	00:34:18.78
182	317	LEANDRO PEREIRA CARVALHO CARVALHO	F3039	74		00:06:52	8,74	00:35:11.99	00:34:20.54
183	135	EDILEUZA PERIN DE BRITO	F6099	7	MOTIVATION RUNNER	00:06:52	8,73	00:34:32.04	00:34:21.34
184	503	SHEILA ROSA DE SOUSA PEREZ	F3039	75		00:06:53	8,73	00:36:25.68	00:34:23.13
185	391	MARIA LUIZA STACHELSKI	F3039	76		00:06:53	8,72	00:35:35.07	00:34:24.50
186	35	ANA EMILIA RODRIGUES	F3039	77		00:06:53	8,72	00:35:34.91	00:34:24.88
187	450	PAULA FERNANDA SILVA	F1829	38		00:06:53	8,72	00:35:07.75	00:34:25.15
188	282	JOSIANE CASSIMIRO DIAS	F1829	39		00:06:54	8,70	00:35:15.32	00:34:28.51
189	248	JANAINA PIO	F3039	78		00:06:55	8,68	00:36:42.92	00:34:33.56
190	562	WERICA BORGES SILVEIRA	F3039	79	LIVRES PARA CORRER	00:06:55	8,67	00:35:18.45	00:34:35.05
191	171	ESTER DE SOUZA GANDRA	F1829	40	LIVRES PARA CORRER	00:06:57	8,62	00:37:03.43	00:34:47.60
192	406	MARLY SILVA DE OLIVEIRA	F4049	45	PVA RUNNERS	00:06:59	8,60	00:36:35.31	00:34:53.49
193	44	ANDREIA SOUZA PEDRO	F3039	80	PVA RUNNERS	00:06:59	8,60	00:36:01.14	00:34:54.25

194	507	SINARIA MONTEIRO	F3039	81	LIVRES PARA CORRER	00:06:59	8,60	00:35:50.37	00:34:54.67
195	116	DANIELLE KRÜEGEL	F1829	41	LIVRES PARA CORRER	00:07:01	8,55	00:36:05.57	00:35:06.51
196	435	NEURAI ARAÚJO DE OLIVEIRA	F5059	15		00:07:01	8,54	00:35:22.65	00:35:07.02
197	165	EMMYLI HAGNES COUTINHO FERNANDES	F1829	42		00:07:02	8,53	00:36:16.01	00:35:10.21
198	460	PRISCILA REIS CROCO	F3039	82	LIVRES PARA CORRER	00:07:03	8,51	00:35:39.85	00:35:15.19
199	320	LEIDIANE CANDIDA DIAS	F3039	83	LIVRES PRA CORRER	00:07:03	8,51	00:37:20.59	00:35:15.23
200	524	TATIANE DE PAULA	F3039	84		00:07:03	8,51	00:35:54.41	00:35:16.75
201	399	MARINA SOARES VITAL BORGES	F4049	46	LIVRES PARA CORRER	00:07:04	8,50	00:36:13.03	00:35:18.17
202	260	JÉSSICA KLEIN	F3039	85		00:07:04	8,49	00:36:27.70	00:35:20.60
203	30	ANA BEATRIZ DA SILVA FIGUEIREDO	F1829	43		00:07:04	8,48	00:35:22.59	00:35:22.59
204	539	VALDIVINA ZANCHET	F4049	47	VAL	00:07:05	8,47	00:36:50.49	00:35:24.40
205	98	CINTIA RODRIGUES DE OLIVEIRA	F3039	86	LIVRES PARA CORRER	00:07:05	8,47	00:36:54.73	00:35:26.14
206	479	ROBERTA BERNARDELLI	F4049	48		00:07:06	8,45	00:36:46.82	00:35:29.34
207	440	NISLENE MARIA DOS SANTOS	F4049	49		00:07:07	8,43	00:35:45.02	00:35:34.16
208	262	JESSICA RODRIGUES PEREIRA E SILVA	F3039	87	PVA RUNNERS	00:07:07	8,43	00:37:39.06	00:35:35.05
209	355	LUCINEIA RUBIN DE BORTOLI	F5059	16	LUCINEIA DE BORTOLI	00:07:08	8,42	00:36:41.06	00:35:39.46
210	505	SIMONE GONGORA LOT	F4049	50	LIVRES PARA CORRER	00:07:08	8,41	00:36:37.28	00:35:40.12
211	441	NOEMI GOMES DOS SANTOS	F5059	17	LIVRES PRA CORRER	00:07:08	8,40	00:36:37.47	00:35:42.15
212	476	RICALINE RAIMUNDA DA SILVA	F3039	88	SICOOB	00:07:10	8,36	00:37:50.40	00:35:52.16
213	458	POLIANA CASTANON	F3039	89		00:07:11	8,36	00:36:32.28	00:35:54.29
214	213	GRAZIELE FAUSTINA DO NASCIMENTO	F3039	90		00:07:11	8,34	00:37:47.39	00:35:57.41
215	78	CAMILA CALIXTO DE QUADROS	F4049	51	LIVRES PARA CORRER	00:07:12	8,34	00:36:18.44	00:35:58.96
216	412	MAYRA LOPES RIBEIRO	F3039	91		00:07:12	8,33	00:37:02.88	00:36:01.08
217	45	ANDREIA ZIMPEL PAZDZIORA	F4049	52		00:07:13	8,32	00:37:30.80	00:36:03.90
218	34	ANA CLAUDIA TRAMPCHS MARCELO	F3039	92	Z2	00:07:15	8,28	00:36:31.47	00:36:15.26
219	308	LAIANE BARZOTTO	F3039	93	LIVRES PARA CORRER	00:07:15	8,27	00:38:19.97	00:36:17.07
220	428	NAYANA FREITAS PERINI OLIVEIRA	F3039	94		00:07:17	8,23	00:37:54.23	00:36:27.51

221	196	GABRIELA PALOMO FELIZARDO	F3039	95	CORRE BOLHA	00:07:18	8,22	00:38:24.37	00:36:29.26
222	544	VANESSA ZORZI BURGIN	F4049	53		00:07:18	8,22	00:37:52.64	00:36:29.98
223	114	DANIELA DA SILVA SANTOS	F4049	54		00:07:19	8,20	00:38:04.05	00:36:36.55
224	432	NEIDIANA C. FOCCHESATTO GARCIA	F4049	55		00:07:21	8,17	00:38:06.84	00:36:43.15
225	330	LIDIANA ANICESIO	F4049	56		00:07:21	8,17	00:38:06.34	00:36:43.93
226	32	ANA CAROLINA NARCISO BARBOSA	F3039	96	PRIMAVERA RUNNERS	00:07:21	8,17	00:38:01.07	00:36:43.99
227	211	GLEICE TOIGO	F3039	97		00:07:21	8,16	00:39:07.42	00:36:45.67
228	427	NATIELE SALINAS MORALES	F3039	98		00:07:21	8,16	00:38:00.71	00:36:47.01
229	295	KAISA RUIZ	F3039	99		00:07:21	8,16	00:38:16.00	00:36:47.34
230	177	FABIANE NOBREGA CLEMENTE CLEMENTE	F4049	57	FABIANE CLEMENTE	00:07:22	8,15	00:38:17.44	00:36:48.21
231	495	ROZINEIDI GIEHL	F4049	58	LIVRES PARA CORRER	00:07:22	8,14	00:37:28.76	00:36:52.85
232	70	BRUNA CALZETA ZANOTTO	F1829	44		00:07:23	8,12	00:37:56.95	00:36:57.44
233	113	DANIELA M CERETTA	F4049	59	1	00:07:23	8,12	00:38:35.04	00:36:57.64
234	88	CAROLAINE VIEIRA	F1829	45		00:07:27	8,06	00:39:02.35	00:37:14.38
235	395	MARIANA OLIVEIRA	F3039	100	ESTITUTO MEDALHA DOU	00:07:29	8,01	00:38:42.17	00:37:26.52
236	389	MARIA LIVIA DOS SANTOS OLIVEIRA	F3039	101		00:07:30	8,01	00:38:44.09	00:37:28.76
237	224	HERICA DAIANE VIEIRA SENA	F4049	60		00:07:30	8,00	00:39:22.54	00:37:29.09
238	437	NILVANEY PEREIRA DA SILVA	F4049	61	PVARUNNERS	00:07:30	8,00	00:39:06.23	00:37:30.45
239	516	SUSANA SARETTA	F3039	102	SUSANA SARETTA	00:07:30	8,00	00:39:49.26	00:37:30.67
240	762	DANIELLY ZAFALON	F4049	62		00:07:30	7,99	00:39:23.54	00:37:32.05
241	119	DANIELLI SOARES ALVES	F3039	103	LIVRES PARA CORRER	00:07:32	7,96	00:38:50.79	00:37:42.41
242	264	JOANNA BIANCHI	F3039	104	LIVRES PARA CORRER	00:07:32	7,96	00:38:51.27	00:37:42.85
243	65	BEATRIZ PEREIRA	F1829	46		00:07:33	7,95	00:38:58.42	00:37:44.38
244	172	ESTHER COSTA SANTOS	F1829	47		00:07:33	7,95	00:38:58.51	00:37:44.53
245	513	SUELLEN LARA	F1829	48	LIVRES PARA CORRER	00:07:34	7,94	00:38:38.00	00:37:48.68
246	189	FIAMA TELES DA SILVA	F3039	105	LIVRES PARA CORRER	00:07:34	7,92	00:39:47.68	00:37:52.04
247	475	RENATTA REIS	F1829	49		00:07:36	7,89	00:39:13.50	00:38:00.05
248	109	CRISTINA BERALDI	F5059	18	PTGA RUNNERS	00:07:36	7,89	00:39:09.79	00:38:02.28
249	110	DAIANE CARGNIN	F3039	106		00:07:36	7,89	00:38:07.55	00:38:02.33
250	531	THAYZ PONTES DE SALES	F3039	107		00:07:38	7,86	00:39:36.37	00:38:11.95

251	123	DEBORA MACHADO SALDANHA OLIVEIRA	F3039	108	SICOOB	00:07:41	7,82	00:40:39.56	00:38:23.13
252	259	JESSICA AMORIM PREVEDELLO	F3039	109	PVA RUNNERS	00:07:41	7,82	00:41:27.08	00:38:23.75
253	290	JULLIA DA COSTA THIESEN	F1829	50		00:07:41	7,80	00:39:03.83	00:38:27.27
254	542	VALQUÍRIA RIBEIRO DA SILVA PEREIRA	F3039	110	SAL RUNNERS	00:07:42	7,80	00:39:11.68	00:38:29.97
255	393	MARIA VITORIA DA SILVA PEREIRA	F0017	3	SALRUNNERS	00:07:42	7,80	00:39:12.25	00:38:29.98
256	281	JOSELIA MDE OLIVEIRA CAMARGO	F6099	8	MOTIVATION RUNNERS	00:07:43	7,78	00:38:45.20	00:38:34.14
257	404	MARLENE SOUZA DA SILVA RAVAGNATI SOUZA DA SILVA RA	F5059	19	MOTIVATION	00:07:44	7,76	00:38:52.47	00:38:40.44
258	29	ANA CAMPOS	F3039	111	LIVRES PARA CORRER	00:07:45	7,75	00:39:47.80	00:38:44.85
259	231	IGRID MARQUES NERY	F3039	112		00:07:45	7,74	00:40:48.29	00:38:46.17
260	166	EMYLLI MOREIRA ALVES CELIO	F1829	51	EMYLLI ALVES CELIO	00:07:45	7,74	00:40:48.86	00:38:46.32
261	328	LHAIS KASSIA	F3039	113	COLISEO SEGUROS	00:07:45	7,74	00:40:28.12	00:38:47.93
262	71	BRUNA EDUARDA BRANCO KAMAYURA	F1829	52		00:07:46	7,72	00:40:26.89	00:38:52.22
263	356	LUCIVANES GOMES COELHO	F4049	63		00:07:47	7,71	00:39:30.73	00:38:56.35
264	373	MÁRCIA FERREIRA CAVALCANTE	F3039	114	LIVRES PARA CORRER	00:07:48	7,70	00:39:52.45	00:38:59.54
265	461	PRISCILA AKEMI OGASAWARA	F4049	64	ALEX RODRIGUES	00:07:49	7,68	00:40:32.31	00:39:05.40
266	351	LUCÉLIA MOREIRA FARIA	F4049	65	LUCÉLIA MOREIRA	00:07:50	7,65	00:39:42.05	00:39:12.50
267	352	LUCENY ALMEIDA DA CRUZ	F5059	20	PVARUNNERS	00:07:50	7,65	00:40:19.47	00:39:12.70
268	33	ANA CAROLINE FERNANDES JARA	F1829	53		00:07:51	7,64	00:41:32.56	00:39:17.75
269	253	JAQUELINE MARINARA VILTO DE SOUZA	F1829	54		00:07:52	7,63	00:39:57.93	00:39:18.64
270	385	MARIA DE LOURDES CALZETA	F6099	9		00:07:52	7,63	00:40:17.69	00:39:19.33
271	201	GILCE CRISTINA CALZETA LEÃO	F3039	115		00:07:52	7,63	00:40:18.02	00:39:19.64
272	570	YURIA FRANCA	F3039	116		00:07:55	7,58	00:46:13.13	00:39:34.69
273	321	LEILA MARIA DA CRUZ	F4049	66		00:07:56	7,57	00:40:47.30	00:39:39.54
274	340	LUANA REYNAUD	F3039	117		00:07:57	7,55	00:40:12.49	00:39:45.31
275	436	NILDA SOUZA BUENO	F3039	118		00:07:57	7,54	00:40:13.12	00:39:46.25
276	174	EVELLYN ROSSI	F3039	119		00:07:57	7,54	00:40:11.71	00:39:47.48

277	304	KEZIA POLETO	F3039	120		00:08:00	7,50	00:40:27.25	00:40:00.99
278	429	NAYANNE MACIEL	F3039	121	LIVRES PARA CORRER	00:08:00	7,49	00:41:04.13	00:40:02.90
279	300	KELLY DESSORDI	F3039	122		00:08:01	7,49	00:42:05.74	00:40:04.19
280	288	JULIANA BONATO	F3039	123		00:08:01	7,49	00:42:05.84	00:40:04.78
281	234	ISABELLA LINS WALDOW	F1829	55		00:08:02	7,47	00:40:50.34	00:40:09.07
282	48	ANDRESSA DO NASCIMENTO SOUSA	F3039	124		00:08:02	7,46	00:42:29.68	00:40:12.25
283	150	ELANE VIEIRA	F1829	56	LIVRES PARA CORRER	00:08:03	7,46	00:42:30.82	00:40:13.03
284	491	ROSELI FREITAS	F4049	67		00:08:03	7,45	00:41:13.35	00:40:17.46
285	239	IVANI ROCHA	F5059	21		00:08:03	7,45	00:41:14.10	00:40:17.68
286	175	FABIANA BARBOSA DE SOUZA	F4049	68		00:08:03	7,45	00:41:53.46	00:40:17.89
287	459	POLIANNA MATOS DIAS	F4049	69	LIVRES PARA CORRER	00:08:04	7,43	00:41:42.58	00:40:22.39
288	515	SULENY MESSIAS PEREIRA BRIVIO	F6099	10	MOTIVATION RUNNERS	00:08:05	7,43	00:40:43.61	00:40:23.07
289	333	LINDAURA PEREIRA BARBOSA	F6099	11	MOTIVATION RUNNERS	00:08:05	7,43	00:40:43.70	00:40:23.65
290	519	SUZANA CAETANO	F4049	70	PVA RUNNERS	00:08:06	7,41	00:43:24.94	00:40:30.51
291	417	MILLENA BATISTA DA SILVA SOUZA	F1829	57	PVA RUNNERS	00:08:07	7,40	00:42:24.00	00:40:33.19
292	93	CATIANE MICHELE DIAS	F4049	71		00:08:07	7,40	00:41:40.15	00:40:33.37
293	58	ARICELLY RODRIGUES NASCIMENTO	F4049	72		00:08:07	7,39	00:41:08.18	00:40:35.92
294	478	ROBERTA CARRETO	F5059	22	ROBERTA	00:08:08	7,38	00:42:21.92	00:40:40.15
295	553	VIVIAN DAGIOS	F5059	23	LIVRES PARA CORRER	00:08:08	7,38	00:42:21.97	00:40:40.82
296	198	GABRIELLY PEREIRA NUNES	F1829	58		00:08:10	7,34	00:43:07.66	00:40:51.41
297	337	LORRAYNE FRANCA	F3039	125		00:08:11	7,33	00:42:58.16	00:40:55.08
298	546	VICENCIA PAULA FERREIRA DA SILVA	F5059	24		00:08:12	7,31	00:41:42.72	00:41:01.17
299	408	MARYANNY LOPO BEZERRA ARAUJO	F1829	59		00:08:16	7,26	00:41:59.68	00:41:20.96
300	144	EDUARDA MANGABEIRA HONÓRIO	F1829	60		00:08:20	7,20	00:42:28.90	00:41:39.59
301	414	MELISSA MEZOMO	F1829	61		00:08:21	7,18	00:42:35.66	00:41:46.86
302	547	VICTORIA LIBERAL BARBOZA DE OLIVEIRA FERREIRA	F1829	62		00:08:22	7,17	00:42:25.40	00:41:51.69
303	517	SUZAMARA GUILLANDE DA SILVA	F4049	73		00:08:23	7,15	00:43:44.66	00:41:56.02

304	331	LIDIANE SILVA MOREIRA MOREIRA	F4049	74		00:08:25	7,13	00:42:37.39	00:42:06.06
305	258	JENIFFER C S JESUS	F4049	75	JENIFFER C S JESUS	00:08:32	7,04	00:44:21.15	00:42:38.64
306	322	LENICE ROCHA DE ARAUJO	F3039	126		00:08:34	7,00	00:43:47.13	00:42:50.59
307	338	LORRAYNE MACIEL	F1829	63		00:08:40	6,93	00:45:33.04	00:43:18.30
308	397	MARILENE XAVIER DE OLIVEIRA	F4049	76		00:08:44	6,87	00:45:46.73	00:43:41.72
309	447	PALOMA DE FATIMA GUESSER	F1829	64	SICOOB	00:08:48	6,82	00:45:17.23	00:43:59.38
310	310	LANNY NARCISO CERUTTI	F3039	127	PRIMAVERA RUNNERS	00:08:51	6,78	00:45:32.12	00:44:15.45
311	518	SUZANA DA CONCEIÇÃO SILVA	F1829	65	SUZANA DA CONCEIÇÃO	00:08:59	6,68	00:46:28.09	00:44:53.62
312	511	STEFFENY ALMEIDA	F1829	66	MOTIVATION RUNNERS	00:09:04	6,62	00:45:35.15	00:45:18.46
313	161	ELISÃNGELA MARIA	F4049	77	PVARUNNERS	00:09:04	6,62	00:46:24.79	00:45:20.40
314	374	MARCIA HELENA BARRETO	F6099	12	PVA RUNNERS	00:09:05	6,61	00:46:28.60	00:45:23.49
315	297	KAMILLY GONÇALVES CAMPOS	F0017	4		00:09:10	6,54	00:47:19.74	00:45:52.01
316	16	ALERRANDRA RODRIGUES	F1829	67		00:09:14	6,50	00:47:21.40	00:46:08.36
317	81	CAMILA MORAES DA SILVA	F1829	68		00:09:17	6,47	00:48:39.76	00:46:23.28
318	235	ISABELLA SOUSA	F3039	128		00:09:17	6,46	00:47:48.38	00:46:27.25
319	530	THAYANE BEATRIS FRAGASSO	F1829	69	THAYANE BEATRIS FRAGASSO	00:09:19	6,44	00:47:25.32	00:46:36.47
320	158	ELISA CAMINADA	F1829	70		00:09:19	6,44	00:47:25.46	00:46:37.25
321	51	ANGELA MARIA FERREIRA DE SOUZA	F3039	129		00:09:27	6,35	00:48:25.08	00:47:15.30
322	13	ALDENICE MARTINS PEREIRA	F6099	13	MOTIVATION RUNNER	00:09:30	6,32	00:47:46.12	00:47:29.25
323	77	CAMILA DA SILVA GONCALVES	F4049	78		00:09:34	6,27	00:49:25.05	00:47:51.59
324	403	MARISTELA CALZETA SOUZA	F5059	25	PVA RUNNES/COLISEO SEGUROS	00:09:34	6,27	00:48:09.48	00:47:52.99
325	66	BENEDITA DIVINA DINIZ NICOLAU	F5059	26	PVA RUNNERS	00:09:35	6,27	00:48:09.53	00:47:53.67
326	425	NATHALIA GORRARDI MONTANARI	F1829	71		00:10:03	5,97	00:51:37.53	00:50:16.08
327	203	GILMARA MARQUES	F3039	130		00:11:27	5,24	00:59:09.38	00:57:15.16
328	498	SAMARA MARTINS OLIVEIRA	F1829	72	LIVRES PRA CORRER	00:13:49	4,34	01:10:42.12	01:09:03.03
329	463	RAFAELA ALVES DA ROCHA	F1829	73	LIVRES PARA CORRER	00:13:49	4,34	01:10:41.69	01:09:03.46