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ROGERIO CUSTELA ASSESSORIA ESPORTIVA

Relatório Geral - 5,4KM - Feminino

Colocação Geral	Número	Nome	Codigo Faixa Etária	Colocação Faixa Etária	Equipe	Ritmo Tempo Liquido	Velocidade Tempo Liquido	Tempo Bruto	Tempo Liquido
1	56	DANIELLE MENDES	F3034	-		00:04:35	13,09	00:24:47	00:24:45
2	225	JOSELEI APARECIDA FALCONELI	F4044	-	MM	00:04:43	12,71	00:25:30	00:25:29
3	75	ILIDIA SALOME CARLA	F4549	-	MM	00:04:47	12,56	00:25:53	00:25:48
4	36	AMANDA R. SOUSA	F2529	1		00:04:56	12,15	00:26:41	00:26:40

5	177	JUSCILEIDE NOGUEIRA DA SILVA SILVA	F4044	1	MM NO LIMITE	00:04:58	12,07	00:26:56	00:26:50
6	220	KAMILLA NAVAIS	F2529	2	ATHLOS	00:05:03	11,88	00:27:22	00:27:17
7	161	JOICY CARNEIRO DE ARAÚJO	F3034	1		00:05:04	11,85	00:27:22	00:27:21
8	178	KESIA ELAINE PAULA COSTA DE ALMEIDA MARQUES	F4549	1	CROSS FUNCIONAL	00:05:09	11,66	00:27:47	00:27:47
9	23	ANDRÉIA ALVES DOURADO	F3034	2	ALLENDER DOS ANJOS	00:05:11	11,56	00:28:32	00:28:01
10	270	SIMONE CAMARGO DOS SANTOS	F3539	1	ATHLOS ASSESSORIA	00:05:15	11,44	00:28:22	00:28:20
11	50	FRANCIELI MARTINS	F3034	3	MM	00:05:15	11,42	00:28:32	00:28:23
12	174	JULIANA REIS	F3539	2	MISAEL TRINDADE	00:05:18	11,31	00:28:45	00:28:39
13	183	LETÍCIA DE SENA SALOMÃO	F2529	3		00:05:20	11,25	00:29:06	00:28:48
14	37	CARLA MARIA VILELA	F4549	2	CARLA MARIA VILELA	00:05:24	11,13	00:29:37	00:29:07
15	9	ALICE MOTA	F2529	4	HIIT HYROX	00:05:26	11,04	00:29:42	00:29:21

16	113	GEOVANNA DOS SANTOS LIMA	F1624	1	MM NO LIMITE	00:05:29	10,93	00:30:00	00:29:39
17	171	JOSIANE DA SILVA VERAS	F3034	4	FÊNIX	00:05:34	10,78	00:30:08	00:30:04
18	33	BRUNA LETICIA PEREIRA MOURA SANTOS	F3539	3		00:05:35	10,75	00:30:32	00:30:09
19	41	CAROLINE NOVAES	F2529	5		00:05:36	10,72	00:30:23	00:30:13
20	72	Adelina Sousa da Silva	F6099	1	MM	00:05:37	10,69	00:30:19	00:30:18
21	286	VERA LUCIA	F4549	3	MM NO LIMITE	00:05:37	10,69	00:30:20	00:30:19
22	201	THAIS BRITO	F3539	4	HIIT HYROX	00:05:38	10,66	00:30:46	00:30:24
23	243	PATRICIA MOREIRA	F3539	5		00:05:43	10,51	00:31:10	00:30:50
24	18	ANA PAULA DE SOUZA SANTOS SOUZA	F3539	6		00:05:43	10,49	00:31:22	00:30:53
25	268	SILVANA PEREIRA CAVALCANTE	F4549	4	CROSSFUNCIONAL	00:05:47	10,37	00:31:25	00:31:14
26	10	ALINE DA SILVA AMORIM RODRIGUES	F3539	7	RW ASSESSORIA ESPORT	00:05:49	10,31	00:32:06	00:31:26
27	89	ELLEN ROCHA	F4044	2		00:05:49	10,30	00:31:48	00:31:27

28	170	JOSIANE BORGEO	F3539	8		00:05:50	10,27	00:32:15	00:31:32
29	49	CRISTIANE MORAES FERREIRA OLIVEIRA	F4044	3		00:05:52	10,23	00:31:48	00:31:40
30	185	LORENA MARTINS	F3539	9		00:05:54	10,18	00:32:00	00:31:50
31	226	MEL MODOLON	F1624	2		00:05:54	10,16	00:32:12	00:31:53
32	274	SYLVIA ALESSANDRA FRAGOSO SOUSA SILVA	F4044	4		00:05:55	10,14	00:32:15	00:31:58
33	110	GABY CORDEIRO	F3034	5	RUNNERS ROO	00:05:56	10,10	00:32:10	00:32:05
34	190	LUCIENI GOMES	F4549	5		00:05:57	10,09	00:32:39	00:32:07
35	300	ZILDINETE SOUSA DOS ANJOS	F5559	1	MM	00:05:58	10,06	00:32:16	00:32:13
36	191	LUCIMAR DE SOUSA	F3539	10	LUCIMAR DE SOUSA	00:05:58	10,06	00:32:43	00:32:13
37	87	ELISANGELA PEREIRA	F4044	5		00:05:59	10,04	00:32:25	00:32:16
38	272	SURANE SONAE ZANARDINI	F5559	2	ASSESSORIA VM	00:05:59	10,03	00:32:42	00:32:19

39	3	ADRIANI VITORIA	F1624	3	LC ACESSÓRIA	00:06:00	9,99	00:32:26	00:32:25
40	275	TAINÁ CARVALHO JARDIM TOSTA	F2529	6		00:06:01	9,96	00:32:50	00:32:32
41	142	JACQUELINE ARAUJO RODRIGUES	F2529	7		00:06:03	9,92	00:33:16	00:32:39
42	279	THAISE SAMARA DE ARAUJO RIBEIRO	F4549	6		00:06:05	9,87	00:33:17	00:32:49
43	147	JESSICA DIAS FERNANDES	F3539	11	MISAEL TRINDADE	00:06:06	9,85	00:33:00	00:32:54
44	117	GILVANETE VERICIMO DE SOUZA	F5054	1	CROSS FUNCIONAL	00:06:06	9,84	00:33:08	00:32:55
45	86	ELISABETH RODRIGUES LEITE	F5559	3	CROSS FUNCIONAL	00:06:07	9,82	00:33:07	00:33:00
46	16	ANA PAULA DOS REIS PEREIRA	F4044	6	ATHOS	00:06:08	9,77	00:33:23	00:33:09
47	67	DEBORAH SILVA SOUZA	F3034	6	ATHLOS	00:06:10	9,72	00:33:32	00:33:20
48	29	AURILENE SOUZA CARMO DO PRADO	F4044	7	BIG MASTER	00:06:13	9,65	00:33:53	00:33:34

49	60	DARLENE MOREIRA SALES	F3034	7	BIG MASTER	00:06:15	9,59	00:34:16	00:33:47
50	227	MICHELLE RODRIGUES DA SILVA	F3034	8		00:06:24	9,38	00:34:44	00:34:33
51	91	ERCILIA THAYS NUNES	F3034	9		00:06:26	9,34	00:35:04	00:34:42
52	118	GISELLY APARECIDA PUPPO	F3539	12		00:06:26	9,34	00:35:20	00:34:42
53	211	MARIA PAULA LIMA RIBEIRO	F3034	10		00:06:26	9,33	00:34:51	00:34:43
54	35	TATIELY NOGUEIRA	F3034	11		00:06:28	9,28	00:35:18	00:34:54
55	217	MARÍLIA LÍDIA RODRIGUES	F3034	12		00:06:28	9,28	00:35:22	00:34:55
56	51	DAIANE CRISTINA OLIVEIRA SOARES	F3539	13		00:06:29	9,24	00:35:13	00:35:03
57	252	PEDRA ALVES DE SOUZA SILVA	F5054	2		00:06:32	9,18	00:35:53	00:35:18
58	175	JULIANA CUNHA MENEZES	F4044	8		00:06:33	9,16	00:36:04	00:35:23
59	213	MARIANA BOLFARINE	F4549	7		00:06:34	9,15	00:36:05	00:35:25

60	14	ANA CLARA NASCIMENTO CARVALHO	F3034	13		00:06:36	9,10	00:35:49	00:35:37
61	214	MARILENA DOS REIS SARTORI	F6099	2	MM	00:06:37	9,07	00:35:46	00:35:43
62	255	RAFAELLY PIVA	F4549	8	ATHLOS	00:06:37	9,07	00:35:47	00:35:44
63	52	DAIDIEN GOME DE SOUZA	F3034	14	BIG MASTER	00:06:37	9,06	00:36:06	00:35:46
64	276	TALITA H N FERRARI	F4044	9	TALITA FERRARI	00:06:38	9,05	00:36:34	00:35:47
65	301	MATILDE MENDES DE OLIVEIRA	F5054	3	ATHOS	00:06:43	8,94	00:36:16	00:36:15
66	215	MARILENE LOPES DA SILVA	F4549	9		00:06:43	8,93	00:36:22	00:36:17
67	59	DARLENE CRUZ DE MATOS	F6099	3	MM	00:06:45	8,89	00:36:29	00:36:26
68	84	ELIANE FERREIRA DA SILVA	F4044	10	MM NO LIMITE	00:06:47	8,85	00:36:50	00:36:36
69	205	MARIA GABRIELA SANTOS	F3034	15		00:06:47	8,84	00:36:53	00:36:38
70	4	ADRIELI PEREIRA DA SILVA LOPES	F3034	16	M.M NO LIMITE	00:06:47	8,84	00:37:14	00:36:38

71	26	ARACELI VOLTOLINI	F3034	17	FERTIMIG	00:06:49	8,80	00:37:29	00:36:48
72	17	ANA PAULA SILVA	F4044	11	VM ASSESSORIA	00:06:50	8,78	00:37:13	00:36:54
73	254	POLIANA FORTE	F3539	14	POLIANA FORTE	00:06:50	8,77	00:37:06	00:36:56
74	261	RONDIELMA PEREIRA DOS SANTOS - ELMA SANTOS	F4044	12		00:06:51	8,76	00:37:04	00:36:59
75	182	LETICIA ALMEIDA YAHN	F1624	4		00:06:51	8,76	00:37:19	00:36:59
76	273	SUZANA FARIAS SANTANA	F3539	15		00:06:55	8,68	00:37:50	00:37:20
77	218	MARILIA NARDES ALBUQUERQUE	F4044	13		00:07:00	8,56	00:38:18	00:37:50
78	265	SANDRA MOREIRA	F5559	4		00:07:06	8,46	00:38:42	00:38:18
79	210	MARIA JUCIANA CAMPOS FLORENCIO SILVA	F5054	4	ATHOS	00:07:06	8,44	00:38:23	00:38:22
80	219	MARLENE RODRIGUES DE SOUZA	F4044	14	POXORÉU RUN	00:07:06	8,44	00:38:37	00:38:22

81	207	MARIA CREONICE DE ALMEIDA TORRES	F4549	10	BIG MASTER	00:07:07	8,43	00:38:53	00:38:25
82	149	JHOANE MARRARA	F3539	16		00:07:09	8,40	00:38:57	00:38:35
83	65	DEBORA GOMES	F3034	18	OS MARCHA LENTA	00:07:09	8,39	00:38:47	00:38:38
84	64	DAYSE ACSA BATISTA REIS NUNES	F2529	8	CATEDRAL	00:07:12	8,34	00:39:12	00:38:52
85	8	ALICE MARIA DA SILVA GOMES	F3034	19		00:07:14	8,29	00:39:49	00:39:04
86	269	SIMONE MARIANO	F4044	15		00:07:20	8,19	00:39:42	00:39:35
87	238	ORRANNA LUIZA	F1624	5	MM NO LIMITE	00:07:23	8,13	00:40:18	00:39:52
88	264	ROSILENE CARVALHO	F3539	17		00:07:27	8,06	00:40:49	00:40:12
89	103	FLAVIA OLIVEIRA BARCELOS	F4549	11	CROSS FUNCIONAL	00:07:28	8,03	00:40:35	00:40:21
90	88	ELIZETE ROCHA DA SILVA	F4044	16		00:07:29	8,02	00:40:39	00:40:25
91	160	JOICE ALVES SALUSTIANO	F3034	20		00:07:31	7,99	00:40:42	00:40:33

92	288	VERONICA FERRARI	F2529	9		00:07:34	7,93	00:41:10	00:40:52
		JULYA							
93	176	GABRIELY ANDRADE GONSALVES	F1624	6		00:07:34	7,93	00:41:19	00:40:52
94	93	ERICA BIANCA	F1624	7		00:07:34	7,92	00:41:19	00:40:53
95	97	FABIANA MARINHO	F3034	21	PETROVINA SEMENTES	00:07:37	7,88	00:41:44	00:41:07
96	109	GABRIELLA SENA	F2529	10		00:07:38	7,86	00:41:42	00:41:12
97	140	ISIS PRISCILLA SILVA ARCANJO	F3539	18	FERTIMIG	00:07:40	7,83	00:41:57	00:41:23
98	193	LUIZA MODOLON	F4549	12		00:07:41	7,81	00:41:51	00:41:30
99	144	JAQUELINE RODRIGUES ARVANI	F2529	11		00:07:44	7,76	00:42:05	00:41:46
100	229	MILLA PRIETO	F4044	17	ROC	00:07:56	7,56	00:43:07	00:42:50
101	122	GLEISI SILVEIRA	F2529	12		00:07:59	7,51	00:43:18	00:43:07
102	30	BEATRIZ OLIMPIO	F3034	22		00:08:01	7,49	00:43:24	00:43:16
103	302	RAQUEK EDUARDA CAMILO AMBROSIO	F2529	13		00:08:03	7,45	00:44:17	00:43:30

104	266	SAYONARA SILVA BARROS	F4044	18		00:08:06	7,41	00:43:56	00:43:42
105	271	SIRLENE MARQUES SILVA	F3539	19		00:08:07	7,39	00:44:03	00:43:50
106	13	ANA CAROLINE DE LIMA TOMÉ	F2529	14		00:08:08	7,37	00:44:28	00:43:57
107	208	MARIA EDUARDA DOS SANTOS SILVA	F2529	15	BIG MASTER	00:08:08	7,37	00:44:28	00:43:57
108	242	PÂMELA SILVA FERREIRA	F2529	16		00:08:08	7,37	00:44:28	00:43:57
109	244	PATRÍCIA DA SILVA PAZZE	F3034	23	PETROVINA SEMENTES	00:08:09	7,37	00:44:39	00:43:59
110	259	RENATA DOS REIS SOUZA	F1624	8	PETROVINA SEMENTES	00:08:09	7,37	00:44:39	00:43:59
111	46	CLAUDIA SPALATTI	F4044	19	CLAUDIA SPALATTI DAS	00:08:13	7,31	00:44:41	00:44:21
112	139	INGRIDY ALVES	F3034	24		00:08:15	7,27	00:44:50	00:44:35
113	63	DAYANE VASCONCELOS RODRIGUES CADIDE	F3034	25	SEM EQUIPE	00:08:18	7,23	00:45:14	00:44:49
114	194	LUZIELI OLIMPIO DA SILVA	F3034	26		00:08:20	7,20	00:45:06	00:44:59

115	85	ELIANE LEMES SILVEIRA	F4044	20		00:08:26	7,12	00:45:55	00:45:31
116	187	LUCIANA TEODORO	F4044	21		00:08:28	7,09	00:46:07	00:45:43
117	104	FLAVIANA OLÍMPIO	F3539	20		00:08:29	7,08	00:45:55	00:45:47
118	119	GLEICIANE BATISTA	F3034	27	PELOTÃO DE CRISTO	00:08:29	7,07	00:46:12	00:45:48
119	83	ELIANE ALVES	F5559	5	EXPRESSO DAS 6	00:08:29	7,07	00:46:04	00:45:49
120	263	ROSENI DE SOUZA BRAGA	F5559	6		00:08:29	7,07	00:46:03	00:45:50
121	40	CAROLINE COSTA	F4044	22		00:08:29	7,07	00:46:03	00:45:50
122	68	DELAINÉ BARBOSA REIS	F1624	9		00:08:31	7,05	00:46:43	00:45:57
123	278	TEREZINHA DE JESUS FERNANDES LIMA	F5559	7	ATHLOS ASSESSORIA	00:08:31	7,04	00:46:05	00:46:01
124	1	ABIA PEREIRA	F3539	21	LC ASSESSORIA ESP.	00:08:34	7,00	00:46:40	00:46:16
125	212	MARIA REGINA NUNES DA COSTA	F2529	17		00:09:01	6,66	00:49:09	00:48:39
126	179	LAURA GEÓRGIA BARBOSA LIMA LUIZ	F3539	22	MM NO LIMITE RUNN	00:09:11	6,53	00:50:11	00:49:35

127	5	ADRIELLE SANTANA ASSIS	F3034	28		00:09:11	6,53	00:50:11	00:49:35
128	101	FERNANDA BELA DE OLIVEIRA	F3034	29	FERTIMIG	00:09:18	6,46	00:50:45	00:50:11
129	135	IEDA DE SOUZA MEDEIROS	F5054	5		00:09:23	6,39	00:50:58	00:50:42
130	216	MARILENE ALMEIDA SOUSA	F4044	23	CUIDE-SE BEM	00:09:35	6,26	00:52:25	00:51:44
131	24	ANDREIA AIRES DE AQUINO NUNES	F4044	24	CUIDE-SE BEM	00:09:35	6,26	00:52:25	00:51:45
132	172	JOSIELE RIBEIRO DA SILVA	F3539	23		00:09:36	6,25	00:52:21	00:51:49
133	233	MYLA CRISTAL OLIVEIRA ALVES	F1624	10	ROC	00:09:44	6,17	00:52:51	00:52:33
134	209	THAILY CAROLLINE BORGHTTI	F3034	30		00:10:01	5,99	00:54:41	00:54:06
135	43	CECILIA RODRIGUES PEREIRA	F3034	31		00:11:11	5,37	01:00:21	01:00:21